

Course Name	Code	Term	Theory (hours/week)	Practice (hours/week)	Laboratory (hours/week)	ECTS
Women's Health Nursing	HEM308	6.Semester /Fall	4	12	0	13
Prerequisites	The HEM308 course cannot be taken before the continuation condition of the HEM205 course is met.					
Language of Instruction	Turkish					
Course Type	Compulsory					
Learning and teaching techniques of the course	Teaching methods such as lecture, discussion, question-answer, observation, team/group work, role playing/dramatization, practice-practice, case study, problem/problem solving, brainstorming, case analysis will be used. This course will be held synchronously through the Microsoft Teams program in extraordinary situations (pandemic etc.).					
Instructor(s) of the course	Prof. Dr. Türkan PASİNLİOĞLU					
Aim of the lesson	Based on the concepts of reproductive health/sexual health, this course aims to provide up-to-date knowledge and skills to protect and improve women's health throughout all life stages, and to handle care needs with a holistic approach in cases of health deterioration.					
Learning outcomes of the course	1. Have theoretical and applied knowledge and skills about women's health and diseases according to their life periods, 2. Implements the nursing process for the protection, development and maintenance of women's health, 3. Uses a holistic health approach when caring for healthy/sick women, 4. Lead the care by using effective communication techniques with healthy/sick women, family and healthcare team members, 5. Respects human rights and dignity in practices for women's sexual/reproductive health and acts in accordance with professional values and ethical principles, 6. Critically looks at the situations that affect women's health.					
Course content	Women's Health, Stages of Women's Life, Gender, Violence Against Women, Anatomy of Reproductive Organs, Physiology of the Reproductive System, Gametogenesis, Chromosomes and Genes, Chromosomal Anomalies, Fertilization, Implantation, Physiology of Pregnancy / Fetal Physiology, Maternal Physiology during Pregnancy, Antenatal Care, Pregnancy Diagnosis, Common Disorders During Pregnancy, Personal Care During Pregnancy, Fetal Health Assessment, Risky Pregnancies, Normal Labor, Dystocia, Interventional Delivery, Postpartum Normal Period, Risky Postpartum Period, Diagnosis and Treatment Methods in Newborn, Lactation, Gynecology and Obstetrics, Pelvic Pain, Discharge, Bleeding, Reproductive System Infections, Sexually Transmitted Diseases (STD), Gynecological Cancers, Benign Gynecological Formations, Prolapses, Genital Fistulas, Reproductive System Anomalies, Family Planning, Infertility, Disasters and Women's Health.					
References	1. Mattson, S., Smith, J. Maternal Newborn Nursing. 4. Baskı. USA: AWHONN; 2011. 2. Davidson M, London M, Ladewig P. Maternal Newborn Nursing and Women's Health. USA. 2012. 3. Coşkun A. M. Kadın Sağlığı ve Hastalıkları Hemşireliği El Kitabı. 2. Baskı. İstanbul: Koç Üniversitesi Yayınları; 2012. 4. Kömürcü N. Merih DY, Beydağ DK, Şahin S, Pekcan N.b(2012). Akış Şemaları ile Doğum ve Kadın Hastalıkları Hemşireliği. 5. Ahsen E. Ş. Oya K. Kadın Sağlığı. 2. Baskı. Ankara: Nobel Tıp Kitap Evleri; 2015. 6. Taşkın,L:Doğum ve Kadın Sağlığı Hemşireliği. Genişletilmiş 17. Baskı. Ankara: Akademisyen Tıp Kitabevi; 2021. 7. Walker, M. Prenatal and Postnatal Care. USA: Wiley Blackwell; 2019. 8. Kızılkaya Beji N. Hemşire ve Ebeler Yönelik Kadın Sağlığı ve Hastalıkları. 3. Baskı. İstanbul: Nobel Tıp Kitabevleri; 2020. 9. Şentürk Erenel A, Vural G. Hemşireler ve Ebeler İçin Perinatal Bakım. 1. Baskı. İstanbul: İstanbul Medikal Sağlık ve Yayıncılık; 2020. 10. Nazik E. Doğum Kadın Sağlığı ve Hastalıkları Hemşireliği. İstanbul: Akademisyen Kitabevi; 2022 11. Yaman Sözbir Ş, Gönenç İ (Ed.). Hemşirelik Boyutu İle İnfertilite ve Yardımcı Üremeye Yardımcı Tedaviler. İstanbul: İstanbul Tıp Kitabevleri; 2023 12. Kadın Sağlığı Hemşireliği Derneği. http://www.kadinsagligihemşireligiderneği.com/					

Course Outline Weekly:

WEEKS	TOPICS
1. Week	Women's Health, Stages of Women's Life, Gender, Violence Against Women
2. Week	Anatomy of Reproductive Organs, Physiology of Reproductive System, Gametogenesis
3. Week	Chromosomes and Genes, Chromosome Anomalies
4. Week	Fertilization, Implantation, Physiology of Pregnancy/ Physiology of the Fetus
5. Week	Maternal Physiology in Pregnancy, Antenatal Care
6. Week	Pregnancy Diagnosis, Common Disorders During Pregnancy, Personal Care During Pregnancy, Evaluation of Fetal Health
7. Week	Risky Pregnancies
8. Week	1. MIDTERM
9. Week	Normal Labor, Dystocia, Interventional Delivery, Normal Postpartum Period, Risky Postpartum Period
10. Week	Diagnosis and Treatment Methods in Neonatal, Lactation, Gynecology and Obstetrics
11. Week	Pelvic Pain, Discharge, Bleeding, Reproductive System Infections, Sexually Transmitted Diseases (STD)
12. Week	2. MIDTERM / Gynecological Cancers, Benign Gynecological Formations/
13. Week	Prolapses, Genital Fistulas, Reproductive System Anomalies
14. Week	Family planning, Infertility, Disasters and Women's Health
15. Week	AN OVERVIEW

ECTS (Student Work-load Table)

Activities	Number	Time	Total Workload
Length of course	14	4	56
Laboratory			
Practice	14	12	112
Field Study			
Study time outside of classroom (Free-study/Group work/Pre-study)	14	4	56
Presentation (Video recording/Poster preparation/Focus Group Interview/Questionnaire)			
Seminar Preparation			
Project			
Case Study/Homework/Maintenance Plan/ Observation and Writing Report	4	6	24
Role-play			
Writing articles-Make criticals			
Time to prepare for midterm exams	1	7	7
Time to prepare for final exam	1	8	8
Total Work Load (hour) / 25(h)	319/25=12,76		
Course ECTS	13		

Evaluation System

Workload within semester		Number	Contribution Margin
Midterm Exam		2	%20
Quiz			
Laboratory			
Practice	Practice responsible clinic/field evaluation	1	%10
	Case study/homework	1	%5
	Maintenance plan	1	%5
Field Study			
Course Internship (If there is)			
Presentations and Seminars			
Projects			
Other			
Total Semester Work Load		5	%40
End-of-year Work Load			
Final Exam		1	%60
Assignments			
Practice			
Laboratory			
Total End-of-year Work Load		1	%60
TOTAL		6	%100

The relationship between learning outcomes and the program Outcomes of the courses

learning outcomes of the course		Program Outcomes												PO 13	PO 14
		PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12		
1	Have theoretical and applied knowledge and skills about women's health and diseases according to their life periods,	5	4	5		1		3	3	5		3	2	2	5
2	Implements the nursing process for the protection, development and maintenance of women's health,	5	5	5	3			3		4	3		3		5
3	Uses a holistic health approach when caring for healthy/sick women,	5	5	5	3			3		3			4		5
4	Lead the care by using effective communication techniques with healthy/sick women, family and healthcare team members,	5	5	4	5			3	3	5	3		4	5	5
5	Respects human rights and dignity in practices for women's sexual/reproductive health and acts in accordance with professional values and ethical principles,	5	5	4	3			5	5		3		3		5

6	Critically looks at the situations that affect women's health.	5	5	4	2			4	3		3		5		5
Level of providing proficiency: 1: Low, 2: Low/Medium, 3: Medium, 4: High, 5: Excellent															

SANKO University Faculty Of Health Sciences Deparent Of Nursing Program Outcomes

1. Have the knowledge and skills to fulfill their professional roles and functions.
2. Performs, evaluates and records nursing practices toward professional principles and standards.
3. Practice the health care needs of the individual, family and society with a holistic approach, toward the nursing process.
4. Communicates effectively with the individual, family, community and health team members.
5. Performs professional practices toward current scientific data by using information and maintenance technologies.
6. Have a foreign language profeciency to reach scientific information and communicate effectively.
7. Behaves in accordance with professional, cultural and ethical values in nursing practices.
8. Considers the relevant laws, regulations and legislation in nursing practices.
9. Uses the learning-teaching process in nursing practices.
10. Uses the management process in nursing practice.
11. Uses lifelong learning and career planning skills to contribute to professional development.
12. Uses problem solving and critical thinking skills to contribute to professional development.
13. With the awareness of social responsibility, takes part in research, projects and activities in cooperation with the health team and other disciplines.
14. Contributes to the provision and development of safe and quality health care.