

Course Title	Code	Semester	Theoretical (hours/week)	Practice (hours/week)	Laboratory (hours/week)	ECTS
Fundamentals of Nursing and Applications	HEM205	2.Year/3. Semester / Autumn	5	8	4	15
Prerequisites	HEM200, HEM301, HEM300, HEM302, HEM401, HEM403, HEM404, HEM406, HEM408, HEM410, HEM412, HEM414 and HEM416 courses cannot be taken without fulfilling the HEM205 course attendance requirement.					
Language of Instruction	Turkish					
Course Type	Compulsory					
Learning and teaching techniques of the Course	Lecture, Discussion, Question and Answer, Laboratory Studies, Observation, Team/Group Work, Role Playing/Dramatizing, Practice-Practice, Problem/Problem Solving, Brainstorming, Other,					
Instructor(s)	Asst.Prof PhD Meryem Kılıç, Lecture Zeynep Doğan					
Aim of Course	Gaining professional principles and methods in the realization of basic nursing skills					
Learning Outcomes	1. Defines the professional terms and concepts specific to nursing. 2. Applies the nursing process with a holistic approach in the care of healthy and sick individuals. 3. Performs nursing practice skill steps within the framework of principles and standards. 4. Explains the aims of nursing practice. 5. Follows and evaluates nursing skills practices. 6. Follows up-to-date scientific knowledge about nursing practices. 7. Works collaboratively with the individual, family and healthcare team members. 8. Performs nursing practices in line with patient safety principles.					
Content of Course	Physical examination methods, vital signs, hygiene practices, infection control, drug management and drug administration, respiratory system practices, nutritional requirement and practices, excretion requirement and practices, hot and cold practices, perioperative nursing practices, mourning death					
References	1. Arslan Özkan H. Hemşirelikte Bilim, Felsefe ve Bakımın Temelleri, Akademi yayınevi, 2014, İstanbul. 2. Atabek Aştı T, Karadağ A. Hemşirelik Esasları. Akademi Basın ve Yayıncılık, 2019, İstanbul.p9-23, p39-69, p103-169 3. Başak T, Açıksoz S. Kan Transfüzyonu Uygulaması. İç: Aştı TA, Karadağ A. (eds), Hemşirelik Esasları Bilgiden Uygulamaya: Kavramlar- İlkeler- Beceriler, 2. Cilt, İstanbul: Akademi Kitabevi; 2019, s. 731-741. 4. Uludağ E. Hijyen Uygulamaları. İç: Temel Hemşirelik Esaslar, Kavramlar, İlkeler, Uygulamalar. Eds: Kaşıkçı Kara M, Akın E. İstanbul Tıp Kitabevleri, İstanbul, 2021: 354-381. 5. CDC. 2007 Guideline for Isolation Precautions: Preventing Transmission of Infectious Agents in Healthcare Settings (October 2017). Centers for Disease Control and Prevention. 6. Barbara, LY., Lynne RC. (2016). Fundamentals of Nursing, St Louis, Missouri. 7. Taylor C. Lillis C., Lynn, P. (2015). Fundamentals of Nursing, Bighth Edition, Philadelphia, PA: Wolters Kluwer Health/Lippincott Williams&Wilkins. 8. Hakverdioğlu Yönt G. Yaraları. İçinde. Yoğun Bakım Hemşireliği (ed. Durmaz Akyol A). İstanbul: İstanbul tıp kitabevleri, 2017, s.123-144 9. Kaya H. Alan 3,5,6. NANDA Hemşirelik Tanıları: Tanımlar & Sınıflandırma 2015-2017 Acaroğlu R, Kaya H. (Çev. Ed.) 2017 İSTANBUL 10. Potter PA, Perry AG. Basic Nursing. Essential for Practice. 6th ed. Mosby & Elsevier, 2007, St Louis, 11. Potter PA, Perry AG Fundamentals of Nursing. 7th ed, Mosby & Elsevier, 2009, St Louis 12. Kara Kaşıkçı M, Akın E. Temel Hemşirelik. İstanbul Medikal sağlık ve Yayıncılık. 2021, İstanbul.p 2-29, p 86-93, p 136-148, p 419-430 13. Görgülü R S. (2014) Hemşireler için Fiziksel Muayene Yöntemleri. İstanbul Tıp Kitabevi, İstanbul 14. Berman A, Snyder SJ, Frandesen G. Kozier&Erb's Fundamental of Nursing: Concept Practice and Proces.10th edition New Jersey: Pearson education, Inc 2016 1210-1235 15. Mraz,M.A.I., Tho s C., & Rajcan,L. Pathway: a clinical practice guideline. Br J Nurs. 2018;27(13):752-6. 16. Karabacak Ü. Enfeksiyon Önleme ve Kontrol. HEMŞİRELİK ESASLARI Hemşirelik Bilim ve Sanatı Cilt-1 Atabek Aştı T, Karadağ A, (Ed.) 2018 İSTANBUL 17. Uygulamaya: Kavramlar- İlkeler- Beceriler, 2. Cilt, İstanbul: Akademi Kitabevi; 2019, s. 617-653 18. Karadağ A, Gül Ş. Basınç Ülserleri. içinde. Palyatif Bakım (ed. Yıldırım Y, Fadiloğlu Ç). Nobel Tıp Kitabevleri: Ankara:2018. S.313-339. 19. Kara D, Çetin P. Bağırsak Boşaltımı, Temel Hemşirelik Esaslar, Kavramlar, İlkeler, Uygulamalar Kaşıkçı Kara M, Akın E, (Ed.) 2021 690- 718İSTANBUL 20. Dikmen YD. Ölüm ve Ölümü Yaklaşan Hastanın Bakımı. İç: Ay FA. (eds), Sağlık Uygulamalarında Temel Kavramlar ve Beceriler, İzmir: Nobel Tıp Kitabevleri; 2015, s. 766-790.					

Course Outline Weekly:

Weeks	Topics
1. Week	Vital Signs, Physical examination
2. Week	Hygiene Practices, Movement Requirement
3. Week	Infection Control, Hot-Cold Applications
4. Week	Drug Management, Oral and Local Drug Applications
5. Week	Parenteral Drug Applications
6. Week	Intravenous Fluid Therapy,
7. Week	Blood Transfusion, Medication Calculations
8. Week	1. MIDTERM
9. Week	Respiratory System Applications
10. Week	Nutritional Requirement and Applications
11. Week	Excretion Requirement (urinary) and Applications
12. Week	2. MIDTERM
13. Week	Excretion Requirement (intestine),
14. Week	Peri-Operative Nursing Practices
15. Week	Tissue Integrity, Death and Mourning

ECTS (Student WorkLoad Table)

Activities	Number	Duration	Total Work Load
Course Duration (X14)	14	5	70
Laboratory	14	4	56
Practice	14	8	112
Field Study			
Study Time of Outside of Class (Pre-Study, Practice, Etc.)	14	4	56
Presentations (Video shoot/Poster preparation/Oral presentation, Care plan Etc.)	4	3	12
Seminars			
Project			
Case study/homework/care plan	5	3	15
Role playing, Dramatization	3	3	9
Writing articles, Critique			
Time to Prepare for Midterm Exam	2	8	16
Final Exam Preparation Time	1	18	18
Total Work Load (hour) / 25(s)	364/25=14.6		
ECTS	15		

Evaluation System

Mid-Term Studies		Number	Contribution
Midterm exams		2	%20
Quiz			
Laboratory		1	%10
Practice	Clinic/Field	1	%5
	Care plan	1	%5
Course Internship (If There Is)			
Presentation and Seminar			
Project			
Other evaluation methods			
Contribution of Midterm Studies to Success Grade		5	%40
End of Semester Studies			
Final		1	%60
Homework's			
Practice			
Laboratory			
Semester Sum of Studies		1	%60
TOTAL		6	%100

The relationship between learning outcomes and the program outcomes of the courses

Learning outcomes		Program Qualifications													
		P.Q 1	P.Q 2	P.Q 3	P.Q 4	P.Q 5	P.Q 6	P.Q 7	P.Q 8	P.Q 9	P.Q 10	P.Q 11	P.Q 12	P.Q 13	P.Q 14
1	Defines the professional terms and concepts specific to nursing.	5	5	4	4					4					
2	Applies the nursing process with a holistic approach in the care of healthy and sick individuals.	4	5	5					3	3	2		5		
3	Performs nursing practice skill steps within the framework of principles and standards.	5	5					4	3				3		
4	Explains the aims of nursing practice.	5	5							3			3		
5	Follows and evaluates nursing skills practices.	5	5	5	2				3	3			4	3	
6	Follows up-to-date scientific knowledge about nursing practices.	4					4				5				3
7	Works collaboratively with the individual, family and healthcare team members.			3	5										
8	Performs nursing practices in line with patient safety principles.	4					3	3	3						5
Contribution to the level of proficiency: 1. Lowest, 2. Low / Medium, 3. Average, 4. High, 5. Excellent															

SANKO University Faculty Of Health Sciences Deparent Of Nursing Program Outcomes

1. Have the knowledge and skills to fulfill their professional roles and functions.
2. Performs, evaluates and records nursing practices toward professional principles and standards.
3. Practice the health care needs of the individual, family and society with a holistic approach, toward the nursing process.
4. Communicates effectively with the individual, family, community and health team members.
5. Performs professional practices toward current scientific data by using information and maintenance technologies.
6. Have a foreign language profeciency to reach scientific information and communicate effectively.
7. Behaves in accordance with professional, cultural and ethical values in nursing practices.
8. Considers the relevant laws, regulations and legislation in nursing practices.
9. Uses the learning-teaching process in nursing practices.
10. Uses the management process in nursing practice.
11. Uses lifelong learning and career planning skills to contribute to professional development.
12. Uses problem solving and critical thinking skills to contribute to professional development.
13. With the awareness of social responsibility, takes part in research, projects and activities in cooperation with the health team and other disciplines.
14. Contributes to the provision and development of safe and quality health care.