Course Title	Code	Semester	Theoretical (hours/week)	Practice (hours/week)	Laboratory (hours/week)	ECTS
Women's Health and Physiotherapy	FTR611		3	0	0	10
Prerequisites						
Course Language	Turkish					
Course Type	Compulsory					
Teaching Methods	Lecture, Presentation, Discussion, Research, Project preparation					
Instructor(s)						
Course Objective	To provide information on the role of the physiotherapist in women's health issues and appropriate physiotherapy approaches.					
Course Learning Outcomes	1. Knows the structures and problems related to women's health; learns and performs assessments. 2. Learns about different women's health problems and evidence-based rehabilitation approaches, discusses multidisciplinary and current approaches. 3. Becomes familiar with current literature on physiotherapy and rehabilitation in women's health, learns research and publication processes, and discusses its contribution to public health.					
References	1- Bo K., Berghmans B., Morkved S., Van Kampen M., Evidence-Based Physical Therapy for the Pelvic Floor: Bridging Science and Clinical Practice, 2007, ISBN: 9780443101465. 2- Mantle J., Haslam J., Barton S., Physiotherapy in Obstetrics and Gynaecology, 2004, ISBN: 0750622652. 3- Földi M., Földi E., Földi's Textbook of Lymphology: for Physicians and Lymphedema Therapists, 2012, SBN-13: 978-0723436461 ISBN 10: 0723436460. 4- Physiotherapy and Rehabilitation in Women's Health, Ed: Akbayrak T., Pelikan Publishing, 2016, Ankara					

WEEKLY COURSE TOPICS

Weeks	DISCUSSION TOPICS TO BE PROCESSED
1.	Functional anatomy, neuroanatomy, and neurophysiology of the pelvic floor muscles
2.	Physiotherapy and Rehabilitation in Urinary Incontinence
3.	Physiotherapy and Rehabilitation in Pelvic Organ Prolapse
4.	Physiotherapy and Rehabilitation in Faecal Incontinence
5.	Physiotherapy and Rehabilitation in Pelvic Pain
6.	Physiotherapy and Rehabilitation in Sexual Dysfunction
7.	**Mid-Term Examination**
8.	Lymphedema Assessment, Physiotherapy and Rehabilitation
9.	Problems encountered during pregnancy and Physiotherapy Rehabilitation
10.	Exercise and Childbirth Education During Pregnancy
11.	Postnatal Physiotherapy and Rehabilitation
12.	Menopause and Physiotherapy and Rehabilitation
13.	Physiotherapy and Rehabilitation for Gynaecological Problems
14.	Discussion of current literature and research planning
15.	**Final Exam**

ECTS / WORK LOAD TABLE

Activities	Number	Duration	Total Workload
Course	14	3	42
Laboratory			
Practical			
Field Study			
Out-of-Class Study Time (Independent Study/Group Study/Preparation)	14	5	70
Presentation (Video recording/Poster preparation/Oral presentation/Focus group discussion/Survey application/Observation and report writing)	14	3	42
Seminar Preparation			
Project	2	48	96

Case Study			
Role-playing, Dramatisation			
Article Writing-Critique			
Mid-Term Exams			
End-of-Semester Exams			
Total Workload (Hours) / 25(S)	**250/25**		
Course ECTS	**10**		

EVALUATION SYSTEM

Midterm Studies	**Number**	**Contribution**
Midterm exam		
Quiz		
Laboratory		
Practice		
Field Study		
Specific practical training (If exists)		
Homework assignment		
Presentation and seminar	1	%25
Projects	1	%25
Other evaluation methods		
Total of Midterm Studies		%50
Final Studies		
Final		
Homework assignment	1	%50
Practice		
Laboratory		
Total of Final Studies		%50
Contribution of midterm studies to course grade		%50
Contribution of final studies to course grade		%50
Total Grade		100

RELATIONSHIPS BETWEEN COURSE LEARNING OUTCOMES AND PROGRAM QUALIFICATIONS

Program Qualifications	**Learning Outcomes**		
	LO1	**LO2**	**LO3**

1.	Acquires, interprets, and applies advanced and original knowledge in the field of physiotherapy and rehabilitation.	**5**	**5**	**3**
2.	Plans and conducts original research that contributes to the field using scientific methods.	**2**	**3**	**5**
3	With a lifelong learning mindset, keeps abreast of current developments and technologies in the field, improves existing methods and techniques, and designs and implements new applications.	**3**	**4**	**5**
4.	Adopts and applies an evidence-based approach in clinical decision-making processes. Acts in accordance with ethical principles in research and practice.	**2**	**5**	
5.	Establishes effective collaboration in interdisciplinary projects, plans, manages, and executes scientific projects. Effectively shares scientific knowledge on national and international platforms.	**5**		**5**
6.	Performs advanced clinical and laboratory applications in different fields of expertise. Contributes to undergraduate and postgraduate education activities and mentors students.		**3**	
7.	Contributes to the development of rehabilitation services and health policies that promote public health.	**2**	**2**	**5**
8.	Has knowledge of statistical methods commonly used in health-related studies. Selects, applies, and interprets appropriate statistical methods			**5**
9.	Contributes to expanding the boundaries of knowledge in their field by publishing at least one scientific article in national and/or international peer-reviewed journals.	**1**	**1**	**5**

Contribution to the level of proficiency: 1: Low **2:** Low/Moderate **3:** Moderate **4:** High **5:** Excellent