

Course Title	Code	Semester	Theoretical (hours/week)	Practice (hours/week)	Laboratory (hours/week)	ECTS
<b>Psychiatric Nursing</b>	HEM405	7th Semester / Fall	4	8	0	13
Prerequisites	The HEM405 course cannot be taken before the continuation condition of the HEM205 course is met.					
Language of Instruction	Turkish					
Course Type	Compulsory					
learning and teaching techniques of the Course	Lecture, Discussion, Question & Answer, Laboratory Studies, Observation, Field Trip, Team/Group Work, Role Playing/Dramatizing, Report Preparation and/or Presentation, Practice-Practice, Case Study, Problem Solving, Brainstorming, Project Design/Management, Other.					
Instructor(s)						
Aim of the lesson	In this course, students; It is aimed to gain knowledge and skills about protecting and improving mental health and caring for patients with psychiatric disorders.					
Learning Outcomes	1. Defines mental health and the factors affecting mental health. 2. Learns the role and functions of mental health and diseases nurse. 3. Applies the nursing process on sample cases in line with the roles of the psychiatric nurse to protect mental health. 4. Defines risk factors and risk groups related to diseases. 5. Recognize mental disorders, have information about the treatment methods and nursing approaches applied in mental disorders. 6. Evaluates the needs of the mentally ill individual and his family with a holistic approach and applies the nursing process. 7. Uses scientific problem-solving method in his professional life. 8. Understands the importance of ethical principles. 9. Works collaboratively with the team.					
Course Content	Historical Development of Mental Health and Psychiatric Nursing Mood Evaluation, Therapeutic Environment and Communication, Self Defense Mechanisms. Personality Disorders and Nursing Approaches Consultation Liaison Psychiatric Nursing, Depressive Disorders Bipolar and Related Disorders, Schizophrenia spectrum and other disorders leading to psychosis, Obsessive-Compulsive Disorder (OCD) and Related Disorders. Anxiety Disorders, Dissociative Disorders and Nursing Care Nutrition and eating disorders, Trauma and Stressor-Related Disorders. Somatic symptom disorders and related disorders. Impulse Control and Behavior Disorders, Psychiatric Treatment Methods, Substance-related disorders and addiction disorders. Technology addiction. Forensic Psychiatry, Neurocognitive Disorders, Sexual Dysfunctions. Sleep-Wake Disorders are the subjects of Patient Rights and Ethics in Psychiatry. The Effect of Disasters on Mental Health.					
References	1. Gürhan N. Ruh Sağlığı ve Psikiyatri Hemşireliği. Ankara: Nobel Tıp Kitabevi: 2016. 2. Çam O, Engin E. Ruh Sağlığı ve Hastalıkları Hemşireliği. İstanbul: İstanbul Tıp Kitabevleri: 2014. 3. Öztürk MO, Uluşahin NA. Ruh Sağlığı ve Bozuklukları. Ankara: Nobel Tıp Kitabevi: 2018. 4. Üstün B, Akgün E, Parlak N. Hemşirelikte İletişim Becerileri Öğretimi. İzmir: Okullar Yayınevi. 2005. 5. Köroğlu E. Klinik Psikiyatri. Ankara: HSYB Basım Yayın: 2015. 6. Johnson BS. Psychiatric-Mental Health Nursing. Lippincott: 1997. 7. Gorman LM, Sultan DF. Psikososyal hemşirelik genel hasta bakımı için. Öz F, Demiralp M (çeviri editörleri) Ankara: Akademisyen Tıp Kitabevi: 2014. 8. Halter MJ. Varcarolis' Foundations of Psychiatric Mental Health Nursing A Clinical Approach. Missouri: Elsevier: 2018. 9. Karadağ A, Çalışkan N, Baykara ZG. Hemşirelik teorileri ve modelleri. İstanbul: Akademi Basın ve Yayıncılık: 2017. 10. Nicholas DR. Psychosocial care of the adult cancer patient: Evidence-based practice in psycho-oncology. USA: Oxford University Press: 2015. 11. Sadock BJ, Sadock VA, Ruiz P. Kaplan and Sadock's Comprehensive Textbook of Psychiatry. Lippincott Williams & Wilkins: 2017. 12. Townsend MC, Morgan KI. Ruh Sağlığı ve Psikiyatri Hemşireliğinin Temelleri: Kanıta Dayalı Uygulama ve Bakım Kavramları. Özcan C., Gürhan N. (Çev. Ed.). 6. baskı. Ankara: Akademisyen Kitabevi: 2017. 13. Üstün B, Demir S. Hemşirelikte İletişim. İstanbul: Akademi Basın ve Yayıncılık: 2019.					

#### Course Outline Weekly

WEEKS	ISSUES TO BE DISCUSSED
1. Week	Historical Development of Mental Health and Psychiatric Nursing. Mental State Assessment and Basic Concepts
2. Week	Therapeutic Environment and Communication in Psychiatric Nursing. Nursing Process in Mental Health and Diseases Nursing
3. Week	Defense Mechanisms of the Self. Personality Disorders and Nursing Approaches. Consultation Liaison Psychiatric Nursing
4. Week	Depressive Disorders Bipolar and Associated Disorders. Movie screening.
5. Week	Other disorders within the scope of the schizophrenia spectrum and leading to psychosis
6. Week	Obsessive-Compulsive Disorder (OCD) and Related Disorders. Anxiety Disorders.
7. Week	Dissociative Disorders and Nursing Care. Nutrition and eating disorders
8. Week	<b>1.MIDTERM</b>
9. Week	The Effect of Disasters on Mental Health. Trauma and Stressor-Associated Disorders. Somatic symptom disorders and related disorders. Impulse Control and Behavioral Disorders
10. Week	Psychiatric Treatment Methods
11. Week	Substance-related and addictive disorders. Technology addiction. Forensic Psychiatry
12. Week	<b>2. MIDTERM/</b> Neurocognitive Disorders.
13. Week	Sexual Dysfunctions.
14. Week	Sleep-Wake Disorders.
15. Week	Patient Rights and Ethics in Psychiatry

**ECTS (Student WorkLoad Table)**

Activities	Number	Duration	Total Work Load
Course Duration (X14 )	14	4	56
Laboratory			
Practice	14	12	168
Field Study			
Study Time Of Outside Of Class (Pre-Study, Practice, Etc.)	14	4	56
Presentations (Video shoot/Poster preparation/Oral presentation, Etc.)			
Seminars			
Project			
Case Study/Homework/Maintenance Plan/ Observation and Writing Report	4	3	12
Role playing, Dramatization			
Writing articles, Critique			
Time To Prepare For Midterm Exam	2	7	14
Final Exam Preparation Time	1	9	9
Total Work Load ( hour) / 25(s)	315/25=12,6		
ECTS	13		

**Evaluation System**

Workload within semester		Number	Contribution
Midterm exams		2	%20
Quiz			
Laboratory			
Practice	Practice responsible clinic/field evaluation	1	%10
	Case study/homework	1	%5
	Maintenance plan	1	%5
Field Study			
Course Internship (If There Is)			
Assignments			
Presentation and Seminar			
Projects			
Other			
<b>Total Semester Work Load</b>		5	<b>%40</b>
<b>End-of-year Work Load</b>			
Final Exams		1	%60
Assignments			
Practice			
Laboratory			
<b>Total End-of-year Work Load</b>		1	<b>%60</b>
<b>TOTAL</b>		6	<b>%100</b>

**The relationship between learning outcomes and the program outcomes s of the courses**

Learning outcomes		Program Outcomes												PO 13	PO 14
		PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12		
1	Defines mental health and the factors affecting mental health.	5	3	4	2	4	2			4			4		3
2	Learns the role and functions of mental health and diseases nurse.	5	3	4	2	4	2			4			4		2
3	Applies the nursing process on sample cases in line with the roles of the psychiatric nurse to protect mental health.	5	3	4	2	4	2			4			4		
4	Defines risk factors and risk groups related to diseases.	5	3	4	2	4	2			4			4		
5	Recognize mental disorders, have information about the treatment methods and nursing approaches applied in mental disorders.	5	3	4	4	3							5		5
6	Evaluates the needs of the mentally ill individual and his family with a holistic approach and applies the nursing process.	5	5	4	3	2		5	5	4	3			2	2
7	Uses scientific problem-solving method in his professional life.	5	3	4	2	4	2			4			4		3
8	Understands the importance of ethical principles.	5	5	5	5	4	2	4	2	4		3	3	5	2
9	Works collaboratively with the team.	3			5				2		3		2	5	4
<b>Level of providing proficiency: 1: Low, 2: Low/Medium, 3: Medium, 4: High, 5: Excellent</b>															

#### **SANKO University Faculty Of Health Sciences Deparent Of Nursing Program Outcomes**

1. Have the knowledge and skills to fulfill their professional roles and functions.
2. Performs, evaluates and records nursing practices toward professional principles and standards.
3. Practice the health care needs of the individual, family and society with a holistic approach, toward the nursing process.
4. Communicates effectively with the individual, family, community and health team members.
5. Performs professional practices toward current scientific data by using information and maintenance technologies.
6. Have a foreign language profeciency to reach scientific information and communicate effectively.
7. Behaves in accordance with professional, cultural and ethical values in nursing practices.
8. Considers the relevant laws, regulations and legislation in nursing practices.
9. Uses the learning-teaching process in nursing practices.
10. Uses the management process in nursing practice.
11. Uses lifelong learning and career planning skills to contribute to professional development.
12. Uses problem solving and critical thinking skills to contribute to professional development.
13. With the awareness of social responsibility, takes part in research, projects and activities in cooperation with the health team and other disciplines.
14. Contributes to the provision and development of safe and quality health care.