

FTR233 - Psychosocial Rehabilitation

Course Name	Code	Term	Theory (hours/week)	Application (hours/week)	Laboratory (hours/week)	ECTS
Psychosocial Rehabilitation	FTR233	2. semester/1.term Fall	2	-	-	4
Prerequisites	-					
Course language	Turkish					
Course type	Elective					
Learning and teaching strategies	Lecture, discussion, homework					
Instructor (s)						
Course objective (Aim of course)	The aim of the course is to evaluate the individual psychosocially in case of disability, disability or disorder for any reason and to define the factors affecting the psychosocial process. To gain the ability to direct the rehabilitation program in this regard by identifying the psychosocial problems that may be encountered in physiotherapy and rehabilitation practices.					
Learning outcomes	<ol style="list-style-type: none"> 1. Comprehends the concepts in the field of psychosocial rehabilitation. 2. Learns the psychosocial process and stages of adaptation in individuals with disability, the problems seen after stress and post-traumatic stress disorder and traumatic injuries. 3. It may realize psychosocial rehabilitation problems in neurological diseases, problems that cause disability in children, progressive chronic diseases, and geriatric people. 4. It defines psycho-social processes in families with disabled children, physically disabled, mentally disabled, visually impaired and hearing impaired and takes this into consideration in physiotherapy and rehabilitation practices. 5. Gains the ability to work in a multidisciplinary team by directing individuals who have disability for any reason to the relevant specialists. 					
References	<ol style="list-style-type: none"> 1. French S. Physiotherapy a Psychosocial Approach, Butterworth Heinemann, Oxford Boston, 1998. 2. Woods ME, Hollis F. Casework: A Psychosocial Therapy, Mc-Graw-Hill Higher Education Company Press, 2000. 3. King R, Lyloyd C, Meehan T. Handbook of Psychosocial Rehabilitation, Blacwell Publishing Ltd, 2007. 					

Course outline weekly:

Weeks	Topics
1. Week	Introduction to Psychosocial Rehabilitation
2. Week	Basic Concepts and Definitions, causes of disability, types of disability, disability and disorder
3. Week	Psychosocial process and stages of adaptation in individuals with disability
4. Week	Stress and posttraumatic stress disorder
5. Week	Ways to deal with stress and depression
6. Week	Psychosocial rehabilitation in problems after traumatic injuries (amputees, spinal cord injuries, burns)
7. Week	Psychosocial rehabilitation in neurological diseases (hemiplegia, parkinson, MS)
8. Week	Midterm exam
9. Week	Psychosocial rehabilitation for problems that cause disability in children (cerebral palsy, muscle diseases, autistic children, down syndrome)
10. Week	Psychosocial rehabilitation in chronic diseases
11. Week	Psychosocial rehabilitation in geriatric people
12. Week	Interactive discussion on the psychosocial process of the physically disabled.
13. Week	Interactive discussion on the psychosocial process in families with disabled children
14. Week	Interactive discussion on the psychosocial process in the visually, mentally and hearing impaired
15. Week	An overview

ECTS (Student Work Load Table)

Activities	Number	Duration	Total Work Load
Course Duration (X14)	14	2	28
Laboratory			
Practice			
Field Study			
Study Time of Outside Of Class (Pre-Study, Practice, Etc.)	14	3	42
Presentations (Video shoot/Poster preparation/Oral presentation, Etc.)			
Seminars			
Project			
Case study			
Role playing, Dramatization			
Writing articles, Critique			
Time To Prepare For Midterm Exam	1	10	10
Final Exam Preparation Time	1	10	10
Total Work Load (hour) / 25(s)	100/25		
ECTS	4		

Evaluation System

Mid-Term Studies	Number	Contribution
Midterm exams		
Quiz		
Laboratory		
Practice		
Field Study		
Course Internship (If There Is)		
Homework's	1	%100
Presentation and Seminar		
Project		
Other evaluation methods		
Total Time To Activities For Midterm		100
Final works		
Final		
Homework	1	%100
Practice		
Laboratory		
Total Time To Activities For Midterm		100
Contribution Of Midterm Studies On Grades		%40
Contribution Of Final Exam On Grades		%60
Total		100

The relationship between learning outcomes and the program qualifications of the courses

Program Qualifications	Learning outcomes				
	L.O.1	L.O. 2	L.O.3	L.O.4	L.O.5
1-Acquire proficient infrastructure related to the field of Physiotherapy and Rehabilitation, gain the ability to use theoretical and practical knowledge and skills in this field.	5	5	5	5	
2-Identify, define the factors affecting health and gain problem-solving skill by using the information they have; plan and implement a treatment and exercise program with appropriate evidence-based methods and new techniques.	5	5	5	5	
3-Gain the ability to use information technologies effectively, as well as the ability to select and use modern tools, techniques and agents necessary for physiotherapy and rehabilitation applications.					
4-Design individual and multidisciplinary research, keep records, prepare reports, analyze and interpret results for quality service and research in health sciences.					5
5-They conduct a literature search to access the information by using evidence-based databases and information sources.					
6-Gain autonomy in interdisciplinary and individual studies, ability to work effectively and take responsibility and awareness of the universal and social effects of their professional practice.	5	4	4	4	5
7-Adopt life-long learning; contribute to quality improvement, field-related training and introductory programs and exhibit their professional behavior at national and international level.					
8-Have deontological and ethical awareness in professional researches and applications.	5				

Contribution to the level of proficiency: 1. Lowest, 2. Low / Medium, 3. Average, 4. High, 5. Excellent