

Course Name	Code	Semester	Theory (hrs/week)	Application (hrs/week)	Laboratory (hrs/week)	ECTS
Psychology	HEM121	1st Semester/Fall	2	0	0	4
Prerequisites	No					
Course Language	Turkish					
Course Type	Imperative					
Learning and Teaching Techniques	Expression					
Course Instructor(s)						
Course Objectives	Comprehend the basic principles, processes, approaches and methods of psychology.					
Learning Outcomes	1. To be able to define psychology, to comprehend its history, 2. To know the research methods of psychology, to be able to count the schools, 3. To be able to comprehend the sub-fields of psychology, 4. To be able to explain the main areas of interest and approaches of learning psychology, 5. To be able to comprehend the main areas of interest and approaches of developmental psychology,					
Course Outline	It includes the history, definition, and interests and approaches of the sub-branches of psychology that study basic science.					
Resources	1. Duane P. Schultz & Sydney Es. History of Modern Psychology - (Kaknüs Publications) 2. Charles GM. Understanding Psychology – (Turkish Psychological Association) 3. Gerrig, Zimbardo, and Sart. Psychology and Life – (Nobel Academic Publishing) 4. Introduction to Psychology – (Kaknüs Publications), 2009 5. Man and His Behavior: Basic Concepts of Psychology (Remzi Bookstore) 6. Richard JG. Philip GZ. Psychology and Life: An Introduction to Psychology 7. Morris, C.G. (2002). Understanding Psychology. (Trans.: Sayı&Ayrıvaşık) 3rd Edition, Ankara: Turkish Psychological Association Publication.					

#### Weekly Course Topics:

Weeks	Topics to Discuss
1. Week	The nature of the science of psychology, biological, psychological aspects of behavior,
2. Week	Approaches and research methods in psychology,
3. Week	Sub-branches of psychology and its relationship with other sciences,
4. Week	Sensation and Perception, Learning, Memory
5. Week	Motivation, Excitement
6. Week	Lifespan development
7. Week	Defense mechanisms, behavioral problems, abnormal behaviors.
8. Week	<b>MIDTERM EXAM</b>
9. Week	Personality and personality theories, personality-temperament relationship,
10. Week	Social Psychology, the effects of society on the individual
11. Week	Positive psychology,
12. Week	The benefits and harms of personal development
13. Week	Health psychology
14. Week	Anxiety, stress, anger and related health problems
15. Week	Fighting addiction and addiction.

#### Student Workload Table

Events	Number	Time	Total Workload
Lesson	14	2	28
Laboratory			
Application			
Fieldwork			
Out-of-Class Study Time (Freelancing/Group Work/Pre-Study)	14	3	42
Presentation (Shooting videos/Preparing posters/Making Oral Presentations/Focus Group Interviews/Conducting Surveys/Observation and Report Writing)			
Seminar Preparation	1	10	10
Project			
Case Study			
Role Playing, Dramatizing			
Article Writing-Critiquing			
Mid-Term Exams	2	6	12
Final Exams	1	8	8
<b>Total workload (hours) / 25(s)</b>	100/25=4		
<b>Their AKTS</b>	4		

## Evaluation System

Semester studies	Number	Contribution
Midterm Exam	1	%40
Quiz		
Laboratory		
Application		
Fieldwork		
Course-Specific Internship (If Available)		
Assignments		
Presentation and Seminar		
Projects		
Other		
Finale	1	%60
<b>SUM</b>	<b>2</b>	<b>%100</b>
<b>The Contribution of Semester Studies to the Success Grade</b>	<b>1</b>	<b>%40</b>
<b>The Contribution of the Final Exam to the Success Grade</b>	<b>1</b>	<b>%60</b>
<b>SUM</b>	<b>2</b>	<b>100</b>

## Associating the Learning Outcomes of the Course with the Program Outcomes

Learning Outcomes		Program Outcomes													
		PC1	PC2	PC3	PC4	PC5	PC6	PC7	PC8	PC9	PC10	PC11	PC12	PC13	PC14
1	To be able to define psychology, to comprehend its history			4						3				3	3
2	To know the research methods of psychology, to be able to count its schools					4									
3	To be able to comprehend the subfields of psychology			4						3				3	3
4	To be able to explain the main areas of interest and approaches of learning psychology	3	4	4	4	4	5			5					
5	To be able to comprehend the main areas of interest and approaches of developmental psychology,		4	4		4	5			4					
Qualification level: 1: Low, 2: Low/Medium, 3: Medium, 4: High, 5: Excellent															

## SANKO University Faculty of Health Sciences Department of Nursing Program Outcomes

1. Possess the necessary knowledge and skills to perform their professional roles and functions.
2. Performs, evaluates and records nursing practices in line with professional principles and standards.
3. It meets the health care needs of the individual, family and society with a holistic and evidence-based approach, in line with the nursing process.
4. Communicates effectively with individuals, families, communities and health team members.
5. It carries out its professional practices in line with current scientific data by using information and maintenance technologies.
6. Uses at least one foreign language at a basic level to be able to access scientific information and communicate.
7. Acts in accordance with professional, cultural and ethical values in nursing practices.
8. Takes into account the relevant laws, regulations and legislation in nursing practices.
9. Uses the learning and teaching process in nursing practices.
10. Uses the management process in nursing practice.
11. Uses lifelong learning and career planning skills to contribute to professional development.
12. Uses problem-solving and critical thinking skills to contribute to professional development.
13. With a sense of social responsibility, it takes part in research, projects and activities in cooperation with the health team and other disciplines.
14. It contributes to the provision and development of safe and quality health care.