

FTR307 - Pulmonary Rehabilitation

| Course Name | Code | Term | Theory (hours/week) | Application (hours/week) | Laboratory (hours/week) | ECTS |
|----------------------------------|--|-----------------------|---------------------|--------------------------|-------------------------|------|
| Pulmonary Rehabilitation | FTR 307 | 3.year/1.term Fall | 2 | 2 | - | 4 |
| Prerequisites | | | | | | |
| Course language | Turkish | | | | | |
| Course type | Compulsory | | | | | |
| Learning and teaching strategies | Lecture, Application, case study, Demonstration | | | | | |
| Instructor (s) | | | | | | |
| Course objective(Aim of course) | Recognition of pulmonary problem in patients with respiratory disease, evaluation of patients with proper assessment methods, planning and application of appropriate treatment protocols selection of techniques. | | | | | |
| Learning outcomes | <ol style="list-style-type: none"> 1. Explains basic concepts of pulmonary Rehabilitation, Defines clinical features of respiratory diseases 2. Assesses the respiratory problems in physical, physiologic, and functional respects comprehensively, Assesses quality of life and psychosocial status of respiratory problems. 3. Applies physiotherapy and rehabilitation interventions on respiratory problems and Uses accessory devices of physiotherapy and rehabilitation treatment in patients with respiratory problems | | | | | |
| References | Mehmet Uzun. Kardiyak ve pulmoner rehabilitasyon. İstanbul : İstanbul Tıp Kitabevi, 2014 Nilgün Gürses, Çiğdem Biber. KOAH'ta pulmoner rehabilitasyon. İstanbul : TÜSAD, 2012 Ayşe Karaduman, Öznur Tunca Yılmaz. Fizyoterapi ve rehabilitasyon : nörolojik rehabilitasyon kardiyopulmoner rahabilitasyon 3. Ankara : Pelikan Yayıncılık, 2016 | | | | | |

Course outline weekly:

| Weeks | Topics |
|----------|--|
| 1. Week | Introduction and history of pulmonary rehabilitation |
| 2. Week | Pulmonary anatomy and physiology |
| 3. Week | Assessment methods in pulmonar Rehabilitation theoretical |
| 4. Week | Assessment methods in pulmonar Rehabilitation practical |
| 5. Week | Obstructive pulmonary diseases |
| 6. Week | Obstructive pulmonary diseases |
| 7. Week | Restrictive lung diseases |
| 8. Week | Midterm exam |
| 9. Week | Pulmonary Rehabilitation methods 1Theoretical |
| 10. Week | Pulmonary Rehabilitation methods 1 Practical |
| 11. Week | Pulmonary Rehabilitation methods 1Practical |
| 12. Week | Rehabilitation in pulmonary surgery |
| 13. Week | Pulmoner Physiotherapy and rehabilitation in neonates and pediatric patients |
| 14. Week | An overview |
| 15. Week | An overview |

ECTS (Student Work Load Table)

| Activities | Number | Duration | Total Work Load |
|--|----------|----------|-----------------|
| Course Duration (X14) | 14 | 2 | 28 |
| Laboratory | | | |
| Practice | 14 | 2 | 28 |
| Field Study | | | |
| Study Time Of Outside Of Class (Pre-Study, Practice, Etc.) | 14 | 1 | 14 |
| Presentations (Video shoot/Poster preparation/Oral presentation, Etc.) | | | |
| Seminars | | | |
| Project | | | |
| Case study | | | |
| Role playing, Dramatization | | | |
| Writing articles, Critique | | | |
| Time To Prepare For Midterm Exam | 1 | 10 | 10 |
| Final Exam Preparation Time | 1 | 20 | 20 |
| Total Work Load (hour) / 25(s) | 100 / 25 | | |
| ECTS | 4 | | |

Evaluation System

| Mid-Term Studies | Number | Contribution |
|---|---------------|---------------------|
| Midterm exams | 1 | %100 |
| Quiz | | |
| Laboratory | | |
| Practice | | |
| Field Study | | |
| Course Internship (If There Is) | | |
| Homework's | | |
| Presentation and Seminar | | |
| Project | | |
| Other evaluation methods | | |
| Total Time To Activities For Midterm | | 100 |
| Final works | | |
| Final | 1 | %40 |
| Homework | | |
| Practice | 1 | %60 |
| Laboratory | | |
| Total Time To Activities For Midterm | | 100 |
| Contribution Of Midterm Studies On Grades | | %40 |
| Contribution Of Final Exam On Grades | | %60 |
| Total | | 100 |

The relationship between learning outcomes and the program qualifications of the courses

| Program Qualifications | Learning outcomes | | |
|--|--------------------------|---------------|--------------|
| | L.O.1 | L.O. 2 | L.O.3 |
| 1-Acquire proficient infrastructure related to the field of Physiotherapy and Rehabilitation, gain the ability to use theoretical and practical knowledge and skills in this field. | 5 | 5 | 5 |
| 2-Identify, define the factors affecting health and gain problem-solving skill by using the information they have; plan and implement a treatment and exercise program with appropriate evidence-based methods and new techniques. | 5 | 5 | 5 |
| 3-Gain the ability to use information technologies effectively, as well as the ability to select and use modern tools, techniques and agents necessary for physiotherapy and rehabilitation applications. | 5 | 5 | 5 |
| 4-Design individual and multidisciplinary research, keep records, prepare reports, analyze and interpret results for quality service and research in health sciences. | | | |
| 5-They conduct a literature search to access the information by using evidence-based databases and information sources. | | | |
| 6-Gain autonomy in interdisciplinary and individual studies, ability to work effectively and take responsibility and awareness of the universal and social effects of their professional practice. | | | |
| 7-Adopt life-long learning; contribute to quality improvement, field-related training and introductory programs and exhibit their professional behavior at national and international level. | | | |
| 8-Have deontological and ethical awareness in professional researches and applications. | | | |

Contribution to the level of proficiency: 1. Lowest, 2. Low / Medium, 3. Average, 4. High, 5. Excellent