

Course Name	Code	Term	Theory (hours/week)	Practice (hours/week)	Laboratory (hours/week)	ECTS
Women's Health Nursing	HEM300	6.Semester /Fall	4	8	0	11
Prerequisites	The HEM300 course cannot be taken before the continuation condition of the HEM205 course is met.					
Language of Instruction	Turkish					
Course Type	Compulsory					
Learning and teaching techniques of the course	Lecture, Discussion, Question & Answer, Observation, Field Trip, Individual Study, Team/Group Work, Role Playing, Report Preparation and/or Presentation, Case Discussion, Brainstorming.					
Instructor(s) of the course						
Aim of the lesson	Based on the concepts of reproductive health/sexual health, women's gaining up-to-date knowledge and skills to protect and improve their health throughout all life stages, and to handle care needs with a holistic approach in cases of deteriorating health.					
Course Name	<ol style="list-style-type: none"> 1. Have theoretical and applied knowledge and skills about women's health and diseases according to their life periods, 2. To be able to give, evaluate and record nursing care for the protection, development and maintenance of women's health, 3. Plan nursing care for pregnancy, birth and postpartum periods, 4. Provide counseling services to healthy, risky and sick women and their families by using appropriate communication techniques, 5. Be able to respect human rights and dignity and act in accordance with professional values and ethical principles in practices for women's sexual/reproductive health. 					
Course content	Anatomy of the Reproductive System, Physiology of the Reproductive System, Formation of Pregnancy and Fetal Physiology, Maternal Physiology during Pregnancy, Preparation for Parenthood and Prenatal Care; Evaluation of the Mother in Pregnancy, Risky Pregnancies Evaluation of Fetal Health, Labor, Monitoring and Care in Labor, Risky Birth, Physiology and Care of the Normal Newborn, Newborn Requiring Special Care, Postpartum Period, Family Planning / Pregnancy Prevention, Communication and SRH Counseling Principles Skills and Nurse's Role, Concept of Gender, Reproductive System Infections and Sexually Transmitted Diseases, Infertility, Reproductive Cycle Anomalies, Structural and Functional Disorders of Reproductive Organs, Benign Gynecological Changes, Diagnosis, Treatment and Care in Gynecology, Gynecological Cancers					
References	<ol style="list-style-type: none"> 1. Mattson, S., Smith, J. Maternal Newborn Nursing. 4. Baskı. USA: AWHONN; 2011. 2. Davidson M, London M, Ladewig P. Maternal Newborn Nursing and Women's Health. USA. 2012. 3. Coşkun A. M. Kadın Sağlığı ve Hastalıkları Hemşireliği El Kitabı. 2. Baskı. İstanbul: Koç Üniversitesi Yayıncıları; 2012. 4. Ahsen E. Ş. Oya K. Kadın Sağlığı. 2. Baskı. Ankara: Nobel Tıp Kitap Evleri; 2015. 5. Taşkın,L:Doğum ve Kadın Sağlığı Hemşireliği. Genişletilmiş 13. Baskı. Ankara: Akademisyen Tıp Kitabevi; 2016. 6. Walker, M. Prenatal and Postnatal Care. USA: Wiley Blackwell; 2019. 7. Kızılkaya Beji N. Hemşire ve Ebelerle Yönelik Kadın Sağlığı ve Hastalıkları. 3. Baskı. İstanbul: Nobel Tıp Kitaevleri; 2020. 8. Şentürk Erenel A, Vural G. Hemşireler ve Ebeler İçin Perinatal Bakım. 1. Baskı. İstanbul: İstanbul Medikal Sağlık ve Yayıncılık; 2020. 					

Course Outline Weekly:

WEEKS	TOPICS
1. Week	Introduction to Women's Health, Anatomy of the Reproductive Organs, Physiology of the Reproductive System
2. Week	Physiology of Pregnancy, Physiology of the Fetus
3. Week	Maternal Physiology in Pregnancy, Antenatal Care
4. Week	Pregnancy Diagnosis, Common Disorders During Pregnancy
5. Week	Risky Pregnancies
6. Week	Normal Labor, Risky Labor
7. Week	Normal Postpartum Period and Nursing Care, Risky Postpartum Period
8. Week	1. MIDTERM
9. Week	Neonatal physiology, Lactation
10. Week	Diagnosis and Treatment Methods in Gynecology and Obstetrics
11. Week	Pelvic Pain, Discharge, Bleeding, Reproductive System Infections, Sexually Transmitted Diseases (STD)
12. Week	2. MIDTERM / Gynecological Cancers, Benign Gynecological Formations
13. Week	Prolapses, Genital Fistulas, Reproductive System Anomalies
14. Week	Aile planlaması ve İnfertilite.
15. Week	AN OVERVIEW

ECTS (Student Work-load Table)

Activities	Number	Time	Total Workload
Length of course	14	4	56
Laboratory			
Practice	14	8	112
Field Study			
Study time outside of classroom (Free-study/Group work/Pre-study)	14	3	42
Presentation (Video recording/Poster preparation/Focus Group Interview/Questionnaire)			
Seminar Preparation			
Project			
Case Study/Homework/Maintenance Plan/ Observation and Writing Report	4	7	28
Role-play			
Writing articles-Make criticals			
Time to prepare for midterm exams	2	8	16
Time to prepare for final exam	1	14	14
Total Work Load (hour) / 25(h)			268/25=11
Course ECTS			11

Evaluation System

Workload within semester	Number	Contribution Margin
Midterm Exam	2	%20
Quiz		
Laboratory		
Practice	Practice responsible clinic/field evaluation Case study/homework Maintenance plan	1 1 1 %10 %5 %5
Field Study		
Course Internship (If there is)		
Presentations and Seminars		
Projects		
Other		
Total Semester Work Load	5	%40
End-of-year Work Load		
Final Exam	1	%60
Assignments		
Practice		
Laboratory		
Total End-of-year Work Load	1	%60
TOTAL	6	%100

The relationship between learning outcomes and the program qualifications of the courses

Program Qualifications	Learning Outcomes				
	LO1	LO2	LO3	LO4	LO5
1. Have the knowledge and skills to fulfill their professional roles and functions.	5				
2. Performs, evaluates and records nursing practices toward professional principles and standards.		4			4
3. Practice the health care needs of the individual, family and society with a holistic approach, toward the nursing process.		4	4	5	
4. Communicates effectively with the individual, family, community and health team members.					5
5. Performs professional practices toward current scientific data by using information and maintenance technologies.					
6. Have a foreign language proficiency to reach scientific information and communicate effectively.					
7. Behaves in accordance with professional, cultural and ethical values in nursing practices.					5
8. Considers the relevant laws, regulations and legislation in nursing practices.					
9. Uses the learning-teaching and management process in nursing practices.					
10. Uses lifelong learning, problem solving, critical thinking and career planning skills to contribute to professional development.					
11. With the awareness of social responsibility, takes part in research, projects and activities in cooperation with the health team and other disciplines.					
12. Contributes to the provision and development of safe and quality health care.		3	3		

Level of providing proficiency: 1: Low, 2: Low/Medium, 3: Medium, 4: High, 5: Excellent