Course Title	Code	Semester	Theoretical (hours/week)	Practice (hours/week)	Laboratory (hours/week)	ECTS
Fundamentals of Nursing and Applications	HEM205	2.Year/3. Semester / Autumn	5	8	4	15

Prerequisites	HEM200, HEM301, HEM300, HEM302, HEM401, HEM403, HEM404, HEM406, HEM408, HEM410, HEM412, HEM414 and HEM416 courses cannot be taken without fulfilling the HEM205 course attendance requirement.
Language of Instruction	Turkish
Course Type	Compulsory
learning and teaching techniques of the Course	Lecture, Discussion, Question and Answer, Laboratory Studies, Observation, Team/Group Work, Role Playing/Dramatizing, Practice-Practice, Problem/Problem Solving, Brainstorming, Other,
Instructor(s)	Asst.Prof PhD Meryem Kılıç, Lecture Zeynep Doğan
Aim of Course	Gaining professional principles and methods in the realization of basic nursing skills
Learning Outcomes	1. Applies the nursing process with a holistic approach in the care of healthy and sick individuals.. 2. Performs nursing practices in line with professional principles, standards and ethical values. 3. Gains the necessary knowledge and technical skills to fulfill nursing practices. 4. Knows current scientific data about professional practices. 5. Learns to work collaboratively by communicating with family and health team members. 6. Uses nursing practices and patient safety principles.
Content of Course	Physical examination methods, patient admission and discharge, vital signs, hygiene practices, infection control, drug management and drug administration, respiratory system applications, nutritional requirements and applications, excretion requirements and applications, hot and cold applications, pain, perioperative nursing practices, grief death
References	1. Fundamentals of Nursing, Potter ve Perry, Mosby yayıncılık Akça Ay F. Temel Hemşirelik. İstanbul Medikal Yayıncılık, 2008, İstanbul, 2. Arslan Özkan H. Hemşirelikte Bilim, Felsefe ve Bakımın Temelleri, Akademi yayınevi, 2014, İstanbul. 3. Dal U, Kitiş Y. The historical development and current status of nursing in Turkey. OJIN: Online Journal of Issues in Nursing, 2008; 13(2). 4. Kozier B, Erb G, Berman A, Snyder S, Lake R, Harvey S. Fundamentals of Nursing. Pearson Education Limited, 2008, Harlow, 5. Atabek Aştı T, Karadağ A. Hemşirelik Esasları. Akademi Basın ve Yayıncılık, 2019, İstanbul.p9-23, p39-69, p103-169 6. Potter PA, Perry AG. Basic Nursing. Essential for Practice. 6th ed. Mosby & Elsevier, 2007, St Louis, 7. Potter PA, Perry AG Fundamentals of Nursing. 7th ed, Mosby & Elsevier, 2009, St Louis 8. Kara Kaşıkçı M, Akın E. Temel Hemşirelik. İstanbul Medikal sağlık ve Yayıncılık. 2021, İstanbul.p 2-29, p 86-93, p 136-148, p 419-430 9. Carpenito-Moyet, L J. Hemşirelik tanıları el kitabı, Çeviri: Erdemir F. Nobel Tıp Kitabevleri, 2012.

Course Outline Weekly:

Weeks	Topics
1. Week	Vital Signs
2. Week	Hygiene Practices, Movement Requirement
3. Week	Infection Control, Hot-Cold Applications
4. Week	Drug Management, Oral and Local Drug Applications
5. Week	Parenteral Drug Applications
6. Week	Intravenous Fluid Therapy,
7. Week	Blood Transfusion, Medication Calculations
8. Week	**1. MIDTERM EXAM**
9. Week	Respiratory System Applications
10. Week	Nutritional Requirement and Applications
11. Week	Excretion Requirement (urinary) and Applications
12. Week	**2. MIDTERM EXAM**
13. Week	Excretion Requirement (intestine),
14. Week	Peri-Operative Nursing Practices
15. Week	Tissue Integrity, Death and Mourning

ECTS (Student WorkLoad Table)

Activities	Number	Duration	Total Work Load
Course Duration (X14)	14	5	70
Laboratory	14	4	56
Practice	14	8	112
Field Study			
Study Time of Outside of Class (Pre-Study, Practice, Etc.)	14	4	56
Presentations (Video shoot/Poster preparation/Oral presentation, Care plan Etc.)	5	3	15
Seminars			
Project			
Case study/homework/care plan	4	3	12
Role playing, Dramatization	3	3	9
Writing articles, Critique			
Time to Prepare for Midterm Exam	2	8	16
Final Exam Preparation Time	1	18	18
Total Work Load (hour) / 25(s)	364/25=14.6		
ECTS	**15**		

Evaluation System

Mid-Term Studies		Number	Contribution
Midterm exams		2	%20
Quiz			
Laboratory		1	%10
Practice	Clinic/Field	1	%5
	Care plan	1	%5
Course Internship (If There Is)			
Presentation and Seminar			
Project			
Other evaluation methods			
Contribution of Midterm Studies to Success Grade		5	%40
End of Semester Studies			
Final		1	%60
Homework's			
Practice			
Laboratory			
Semester Sum of Studies		1	%60
TOTAL		6	**%100**

The relationship between learning outcomes and the program qualifications of the courses

Program Qualifications		Learning outcomes					
		L.O.1	L.O.2	L.O.3	L.O.4	L.O.5	L.O.6
1.	Have the knowledge and skills to fulfill their professional roles and functions.			5			
2.	Performs, evaluates and records nursing practices toward professional principles and standards.		5				
3.	Practice the health care needs of the individual, family and society with a holistic approach, toward the nursing process.	5					
4.	Communicates effectively with the individual, family, community and health team members.					5	
5.	Performs professional practices toward current scientific data by using information and maintenance technologies.				4		
6.	Have a foreign language proficiency to reach scientific information and communicate effectively.						
7.	Behaves in accordance with professional, cultural and ethical values in nursing practices.		4				
8.	Considers the relevant laws, regulations and legislation in nursing practices.						
9.	Uses the learning-teaching and management process in nursing practices.	3					
10.	Uses lifelong learning, problem solving, critical thinking and career planning skills to contribute to professional development.	3					
11.	With the awareness of social responsibility, takes part in research, projects and activities in cooperation with the health team and other disciplines.						
12.	Contributes to the provision and development of safe and quality health care.						4
Contribution to the level of proficiency: 1. Lowest, **2.** Low / Medium, **3.** Average, **4.** High, **5.** Excellent							