

Course Title	Code	Semester	Theoretical (hours/week)	Practice (hours/week)	Laboratory (hours/week)	ECTS
Geriatric Nursing	HEM333	5. Semester / Fall	2	0	0	4
Prerequisites	None					
Language of Instruction	Turkish					
Course Type	Elective					
learning and teaching techniques of the Course	Lecture, Discussion, Question & Answer, Observation, Field Trip, Team/Group Work, Individual Study, Report Preparation and/or Presentation, Case Study, Problem Solving, Brainstorming					
Instructor(s)						
Aim of the lesson	This course aims to provide theoretical knowledge about the elderly population and its problems in the world and in our country, health problems that develop and change with the aging process and the approach to these problems, and the protection and development of health in the elderly.					
Learning Outcomes	1. Knows the concepts of old age, aging, geriatrics and gerontology. 2. Determines the needs of the elderly with a holistic approach and can provide nursing care in line with their needs. 3. Knows the roles and responsibilities of nurses in elderly care and geriatric services and can cooperate with team members. 4. Knows the care services offered to the elderly. 5. Knows the health problems that develop and change with the aging process and the approach to these problems. 6. Knows the practices for the protection and development of health in the elderly.					
Course Content	This course includes definitions of old age and aging, duties and responsibilities of geriatric nurse, elderly population in the world and in Turkey, care services for the elderly, physiological changes and nursing care in the elderly, geriatric syndromes, prevention of falls and accidents in old age, drug use in old age, pain in elderly and pain management, home care in old age, protective practices and immunization in old age, neglect, abuse and violence in old age, nutrition and malnutrition in old age, physical activity- geriatric rehabilitation in old age, sleep and sleep disorders in old age.					
References	1. Erci B. Halk Sağlığı Hemşireliği, Anadolu Nobel Tıp Kitabevleri, 2016 2. Koldaş Z. L. (2017). Yaşlı popülasyonda bağısklama (aşılama). Turk Kardiyol Dern Ars, 45(5), 124-127. 3. Yıldırım, B., Özkarahan, S., Ersoy, S. (2012). Yaşlılıkta görülen fizyolojik değişiklikler ve hemşirelik bakımı. Düzce Üniversitesi Sağlık Bilimleri Enstitüsü Dergisi, 2(2), 19-23. 4. Çınarlı, T., Zeliha, K. O. Ç. (2015). 65 Yaş ve Üzeri Yaşlılarda Düşme Risk ve Korkusunun Günlük Yaşam Aktiviteleri ve Yaşam Kalitesi Üzerine Etkisi. Gümüşhane Üniversitesi Sağlık Bilimleri Dergisi, 4(4), 660-679. 5. Bilge, U., Elçioğlu, Ö., Ünalacak, M., & Ünlüoğlu, İ. (2014). Türkiye'de yaşlı evde bakım hizmetleri. Euras J Fam Med, 3(1), 1-8. 6. Aras, S. Yaşlılarda çoklu ilaç kullanımı ve düşmeler. Ege Tıp Bilimleri Dergisi, 1(4), 163-165. Selma B. A. Z., Ardahan M. yaşlılarda malnutrisyon ve hemşirelik YAKLAŞIMLARI. Balıkesir Sağlık Bilimleri Dergisi, 5(3), 147-153. 7. Tufan A., Bahat G. (2017). Yaşlıda Uyku Bozuklukları. Turkiye Klinikleri J Geriatr-Special Topics, 3(1), 58-61. 8. Beğer, T., Yavuzer, H. (2012). Yaşlılık ve yaşlılık epidemiyolojisi. Klinik gelişim, 25(3), 1-3.					

Course Outline Weekly:

WEEKS	TOPICS
1. Week	Definitions of Aging and Aging, Duties and Responsibilities of Geriatric Nurses
2. Week	Elderly Population in the World and Turkey, Care services offered to the elderly
3. Week	Physiological Changes and Nursing Care in the Elderly
4. Week	Geriatric Syndromes (Pressure Sores, Incontinence, Dementia, Delirium)
5. Week	Old Age Falls and Prevention of Accidents
6. Week	Old Age Drug Use
7. Week	Pain and Pain Management in the Elderly
8. Week	MIDTERM EXAM
9. Week	Home Care in Old Age
10. Week	Old Age Preventive Practices and Immunization
11. Week	Old Age Neglect, Abuse and Violence
12. Week	Nutrition and Malnutrition in Old Age
13. Week	Old Age Physical Activity - Geriatric Rehabilitation
14. Week	Old Age Sleep and Sleep Disorders
15. Week	AN OVERVIEW

ECTS (Student WorkLoad Table)

Activities	Number	Duration	Total Work Load
Length of course	14	2	28
Laboratory			
Practice			
Field Study			
Study time outside of classroom (Free-study/Group work/Pre-study)	14	4	56
Presentation (Video recording/Poster preparation/Focus Group Interview/Questionnaire/Observation and Writing reports)			
Seminar Preparation			
Project			
Case Study			
Role playing, Dramatization			
Writing articles-Make criticals			
Time to prepare for midterm exams	1	8	8
Time to prepare for final exam	1	8	8
Total Work Load (hour) / 25(h)			100/25=4
Course ECTS			4

Evaluation System

Workload within semester	Number	Contribution
Midterm Exam	1	% 40
Quiz		
Laboratory		
Practice		
Field Study		
Course Internship (If there is)		
Assignments		
Presentations and Seminars		
Projects		
Other		
Total Semester Work Load	1	% 40
End-of-year Work Load		
Final Exam	1	% 60
Assignments		
Practice		
Laboratory		
Total End-of-year Work Load	1	% 60
TOTAL	2	% 100

The relationship between learning outcomes and the program qualifications of the courses

Program Qualifications	Learning outcomes					
	LO1	LO2	LO3	LO4	LO5	LO6
1. Have the knowledge and skills to fulfill their professional roles and functions.	4	5	4	5	4	5
2. Performs, evaluates and records nursing practices toward professional principles and standards.		4		4	4	
3. Practice the health care needs of the individual, family and society with a holistic approach, toward the nursing process.		4				4
4. Communicates effectively with the individual, family, community and health team members.		4	4		3	
5. Performs professional practices toward current scientific data by using information and maintenance technologies.		3			3	3
6. Have a foreign language proficiency to reach scientific information and communicate effectively.						
7. Behaves in accordance with professional, cultural and ethical values in nursing practices.		3			3	
8. Considers the relevant laws, regulations and legislation in nursing practices.			5			
9. Uses the learning-teaching and management process in nursing practices.		3			3	
10. Uses lifelong learning, problem solving, critical thinking and career planning skills to contribute to professional development.					4	
11. With the awareness of social responsibility, takes part in research, projects and activities in cooperation with the health team and other disciplines.						
12. Contributes to the provision and development of safe and quality health care.						3

Contribution to the level of proficiency: 1. Lowest, 2. Low / Medium, 3. Average, 4. High, 5. Excellent