

### HEM401 - Psychiatric Nursing

Course Title	Code	Semester	Theoretical (hours/week)	Practice (hours/week)	Laboratory (hours/week)	ECTS
<b>Psychiatric Nursing</b>	HEM401	4. Year/7. Semester / Autumn	4	8	0	11
Prerequisites	None					
Language of Instruction	Turkish					
Course Type	Compulsory					
learning and teaching techniques of the Course	Lecture, Discussion, Question & Answer, laboratory studies, Observation, Field Trip, Team/Group Work, Role Playing / Dramatization, Report Preparation and / or Presentation, Practise, Case Study, Problem/Problem Solving, Brainstorming, project Design / Management, Other.					
Instructor(s)	Dr. Öğr. Üyesi Sibel Polat					
Goal	To gain knowledge and skills about protecting and improving mental health and caring for patients with psychiatric disorders.					
Learning Outcomes	<ol style="list-style-type: none"> <li>1. To be able to understand what are the factors affecting mental health and mental health,</li> <li>2. Learning the roles and functions of the mental health nurse,</li> <li>3. To be able to examine similar and different aspects of communication with mentally ill individuals and those who are not, and to learn therapeutic communication methods,</li> <li>4. To have knowledge about mental disorders, treatment methods and nursing approaches in mental disorders,</li> <li>5. To be able to evaluate the needs of the mental patient and his family with a holistic approach and to develop solutions.</li> <li>6. To be able to evaluate the contribution of the acquired knowledge to his own life,</li> </ol>					
References	<ol style="list-style-type: none"> <li>1- Pektekin Ç., "Psikiyatri Hemşireliği", ISBN 975-492-300-0, 1992, Eskişehir,</li> <li>2- Gürhan N. Ruh Sağlığı ve Psikiyatri Hemşireliği, Nobel Tıp Kitabevi, Ankara, 2016.</li> <li>3- Çam O, Engin E. Ruh Sağlığı ve Hastalıkları Hemşireliği. İstanbul Tıp Kitabevleri, 2014.</li> <li>4- Öztürk O., "Ruh Sağlığı ve Bozuklukları", ISBN:975-93453-0-7, 9. basım, Nobel Tıp Kitabevi, Ankara 2002</li> <li>5- Üstün B., Akgün E., Parlak N. Hemşirelikte İletişim Becerileri Öğretimi, ISBN 975-98185-0-7, Okullar Yayınevi, İzmir, 2005</li> <li>6- Koroğlu, E., Güleç, C. Psikiyatri Temel Kitabı. Ankara: Hekimler Yayın Birliği. Koç Vakfı Yay. 1997.</li> <li>7- Johnson, BS. Psychiatric-Mental Health Nursing. Lippincott, 1997.</li> <li>8- Gorman, LM; Raines, ML; Sultan, DF. (2002). Psychosocial Nursing for General Patient Care. F.A. Davis Company.</li> <li>9- Varcarolis, E. Foundations of Psychiatric Mental Health Nursing. Philadelphia: Saunders Company. 1998.</li> </ol>					

### Course Outline Weekly:

Weeks	Topics
1. Week	Historical Development of Mental Health and Psychiatric Nursing. Mental Status Assessment and Basic Concepts
2. Week	Therapeutic Environment and Communication in Psychiatric Nursing. Nursing Process in Mental Health and Disease Nursing
3. Week	Self Defense Mechanisms. Personality Disorders and Nursing Approaches. Consultation Liyazan Psychiatric Nursing
4. Week	Depression Disorders. Bipolar and Related Disorders
5. Week	Schizophrenia and Other Psychotic Disorders
6. Week	Obsessive Compulsive and Related Disorders. Anxiety Disorders.
7. Week	Dissociative Disorders and Nursing Care Nutrition and eating disorder
8. Week	<b>MIDTERM EXAM</b>
9. Week	Trauma and Stressor Related Disorders. Somatoform Disorders. Destructive Disorders, Impulse Control and Conduct disorders,
10. Week	Psychiatric Treatment Methods
11. Week	Substance Use Related Disorders. Technology addiction. Forensic Psychiatry
12. Week	Neurocognitive Disorders
13. Week	Sexual dysfunctions, Sexual deviance (paraphilia) disorders, Sexual identity disorder
14. Week	Patient Rights and Ethics in Psychiatry
15. Week	Patient Rights and Ethics in Psychiatry

**ECTS (Student WorkLoad Table)**

<b>Activities</b>	<b>Number</b>	<b>Duration</b>	<b>Total Work Load</b>
Course Duration (X14 )	14	4	56
Laboratory			
Practice	14	8	112
Field Study			
Study Time Of Outside Of Class (Pre-Study, Practice, Etc.)	14	2	28
Presentations (Video shoot/Poster preparation/Oral presentation, Etc.)	4	10	40
Seminars			
Project			
Case study			
Role playing, Dramatization			
Writing articles, Critique			
Time To Prepare For Midterm Exam	1	15	15
Final Exam Preparation Time	1	24	24
Total Work Load ( hour) / 25(s)		275/25=11	
<b>ECTS</b>			11

**Evaluation System**

<b>Mid-Term Studies</b>	<b>Number</b>	<b>Contribution</b>
Midterm exams	1	%20
Quiz		
Laboratory		
Practice	1	%20
Field Study		
Course Internship (If There Is)		
Homework's		
Presentation and Seminar		
Project		
Other evaluation methods		
<b>Total Time To Activities For Midterm</b>		%40
<b>Final works</b>		
Final	1	%60
Homework		
Practice		
Laboratory		
<b>Total Time To Activities For Midterm</b>		
Contribution Of Midterm Studies On Grades		%40
Contribution Of Final Exam On Grades		%60
<b>Total</b>		100

**The relationship between learning outcomes and the program qualifications of the courses**

<b>Program Qualifications</b>	<b>Learning outcomes</b>					
	<b>LO1</b>	<b>LO2</b>	<b>LO3</b>	<b>LO4</b>	<b>LO5</b>	<b>LO6</b>
1. It fulfills the professional roles and responsibilities of nursing.	5	5	4	4	4	4
2. Performs nursing practices in line with professional ethical principles and standards.	5	5	4	4	4	4
3. Uses a holistic approach in nursing care, communicates effectively with the individual, family and society.	5	5	4	4	4	4
4. Bases nursing practices on scientific foundations.	4	4	5	5	5	5
5. Takes into account the relevant laws, regulations and legislation in nursing practices.	4	4	4	4	5	5
6. Uses the learning-teaching process in nursing practices.						
7. Uses problem solving, critical thinking and lifelong learning skills.						
8. Takes part in social and social activities.						
9. Takes part in activities that contribute to professional development.						
10. Behaves with respect and tolerance to human rights in nursing practices.	5	5	5	5	5	5
11. Hemşirelik uygulamalarında kültürel özelliklerini dikkate alır.	5	5	4	4	4	4

**Contribution to the level of proficiency: 1. Lowest, 2. Low / Medium, 3. Average, 4. High, 5. Excellent**