

Course Title	Code	Semester	Theoretical (hours/week)	Practice (hours/week)	Laboratory (hours/week)	ECTS
Communication Skills	HEM234	2.Year/4. Semester / spring	2	0	0	4
Prerequisites	None					
Language of Instruction	Turkish					
Course Type	Elective					
learning and teaching techniques of the Course	Lecture, Discussion, Question & Answer, Team /Group Work, Brainstorming, Other.					
Instructor(s)						
Goal	<p>The purpose of this course is nursing student's self awareness, with people in its relations their emotions to notice, give care that are responsible for the individual patient care while empathetically give feedback and active listening as well as communication skills, to know to use, it is moreover approach to patients in the necessary knowledge and skills to use.</p>					
Learning Outcomes	<p>Students taking this course;</p> <ol style="list-style-type: none"> <li>1. Differences in perception and the perceptions of the importance of interpersonal relationships and communication can be explained.</li> <li>2. Interventions to increase self-esteem can tell.</li> <li>3. Individuals with impaired body image can tell the basic principles in the approach.</li> <li>4. Explains the importance of time management.</li> <li>5. Explains importance of control of anger.</li> <li>6. Health workers monitor variations in the expression of the individual's body can grasp its contribution to the maintenance.</li> <li>7. Individual's biopsychosocial stressors may explain the effects on health.</li> <li>8. Explains the changes caused by anxiety in individuals.</li> <li>9. Communication with individuals with special status and dareable to express the importance of managing relationships.</li> <li>10. Helping skills be able to comprehend the contribution to patient care.</li> </ol>					
References	<p>1. Terakye G., 1998, Hasta Hemşire İlişkileri, Genişletilmiş Beşinci Baskı, Zirve Ofset Ltd. Şti.,    2. Ankara Üstün B., Akgün E., Partlak N., 2005, Hemşirelikte İletişim Becerileri Öğretimi, Okullar Yayınevi, İzmir.    3. Özcan A., 2006, Hemşire-Hasta İlişkisi ve İletişim, Sistem Ofset, Ankara.    4. Bach, S. and Grant, A. (2009). Communication and interpersonal skills for nurses (Transforming nursing practice). UK: Learning Matters Ltd.</p>					

#### Course Outline Weekly:

Weeks	Topics
1. Week	Introduction and Course Description
2. Week	Interview Techniques
3. Week	Perception and Sensing
4. Week	Self-Esteem
5. Week	Body Image
6. Week	Time Management
7. Week	<b>MIDTERM EXAM</b>
8. Week	Anger control
9. Week	Skills for Help
10. Week	The concept of stress
11. Week	The Concept of Anxiety
12. Week	Communication in Special Circumstances
13. Week	Communication in Special Circumstances
14. Week	Communication in Special Circumstances
15. Week	<b>GENERAL AGAIN</b>

## Evaluation System

Mid-Term Studies	Number	Contribution
Midterm exams	1	%40
Quiz		
Laboratory		
Practice		
Field Study		
Course Internship (If There Is)		
Homework's		
Presentation and Seminar		
Project		
Other evaluation methods		
Final	1	%60
<b>TOTAL</b>	2	%100
Contribution Of Midterm Studies On Grades	1	%40
Contribution Of Final Exam On Grades	1	%60
<b>Total</b>		<b>100</b>

## ECTS (Student WorkLoad Table)

Activities	Number	Duration	Total Work Load
Course Duration (X14 )	14	2	28
Laboratory			
Practice			
Field Study			
Study Time Of Outside Of Class (Pre-Study, Practice, Etc.)	14	3	42
Presentations (Video shoot/Poster preparation/Oral presentation, Etc.)			
Seminars			
Project			
Case study	1	10	10
Role playing, Dramatization			
Writing articles, Critique			
Time To Prepare For Midterm Exam	2	6	12
Final Exam Preparation Time	1	8	8
Total Work Load ( hour) / 25(s)		100/25=4	
<b>ECTS</b>			<b>4</b>

**The relationship between learning outcomes and the program qualifications of the courses**

Program Qualifications	Learning outcomes				
	L.O.1	L.O.2	L.O.3	L.O.4	L.O.5
1. Fulfils the professional roles and responsibilities of nursing.	4				4
2. Carries out nursing practices in line with professional ethical principles and standards.	5				
3. Uses holistic approach in nursing care, communicates effectively with individuals, families and society.					
4. Bases nursing practices on scientific basis.	3	4	3	4	
5. In nursing practices, it considers the relevant laws, regulations and legislation.					
6. Uses the teaching-learning process in nursing practices.	4			5	
7. Uses problem solving, critical thinking and lifelong learning skills.					
8. Takes part in social events.			5		4
9. Takes part in activities that will contribute to professional development.					
10. Acts respectfully and be tolerant of human rights in nursing practices.					
11. Considers cultural differences in nursing practices.					
<b>Contribution to the level of proficiency:</b> 1. Lowest, 2. Low / Medium, 3. Average, 4. High, 5. Excellent					