

NUTRITION FOR SPECIAL GROUP

Course Title	Code	Semester	Theoretical (hours/week)	Practice (hours/week)	Laboratory (hours/week)	ECTS
NUTRITION IN SPECIFIC GROUPS	SBF106	3. semester Autumn	2	0	0	4
Prerequisites	None					
Language of Instruction	Turkish					
Course Type	Compulsory					
learning and teaching techniques of the Course	Lecture, Question&Answer, Brain Storm Demonstration, Drill - Practise,					
Instructor(s)						
Goal	Teach is nutrition which are needs, risks and requirements differ for different groups					
Learning Outcomes	1. To be able to understand the needs of special groups 2. To be able to understand the differences in the needs of special groups 3. To be able to prepare the nutrition program according to their needs and the needs of special groups and explain the principles					
References	1. Baysal, A (2011). Beslenme. Ankara: Hatipoğlu Yayıncılık. 2. Türkiye'ye Özgü Beslenme Rehberi. (2004). T.C. Sağlık Bakanlığı Temel Sağlık Hizmetleri Genel Müdürlüğü ve Hacettepe Üniversitesi Beslenme ve Diyetetik Bölümü, Ankara. 3. Sağlık Bakanlığı yayınları					

Course Outline Weekly:

WEEKS	TOPICS
1. Week	Introduction to nutrition for specific groups
2. Week	Nutrition for pre-school children
3. Week	Nutrition for pre-school children
4. Week	Adolescent Nutrition
5. Week	Adolescent Nutrition
6. Week	Nutrition for the elderly
7. Week	MIDTERM EXAM
8. Week	Nutrition for the elderly
9. Week	Sports nutrition
10. Week	Sports nutrition
11. Week	Workers nutrition
12. Week	Workers nutrition
13. Week	Discussion
14. Week	Discussion
15. Week	GENERAL AGAIN

ECTS (Student Work Load Table)

Activities	Number	Duration	Total Work Load
Course Duration (X14)	14	2	28
Laboratory			
Practice			
Field Study			
Study Time Of Outside Of Class (Pre-Study, Practice, Etc.)	14	4	56
Presentations (Video shoot/Poster preparation/Oral presentation, Etc.)	5	2	10
Seminars			
Project			
Case study			
Role playing, Dramatization			
Writing articles, Critique			
Time To Prepare For Midterm Exam	2	3	6
Final Exam Preparation Time	1	3	3
Total Work Load (hour) / 25(s)			103/25=4
ECTS			4

Evaluation System

Mid-Term Studies	Number	Contribution
Midterm exams	1	%40
Quiz		
Laboratory		
Practice		
Field Study		
Course Internship (If There Is)		
Homework's		
Presentation and Seminar		
Project		
Other evaluation methods		
Final	1	%60
TOTAL	2	%100
Contribution Of Midterm Studies On Grades	1	%40
Contribution Of Final Exam On Grades	1	%60
Total		100

The Relationship Between Learning Outcomes And The Program Qualifications Of The Courses

This course is suitable for all programs within the Faculty of Health Sciences. Therefore, the level of contribution to program qualifications has not been specified.