

Course Title	Code	Semester	Theoretical (hours/week)	Practice (hours/week)	Laboratory (hours/week)	ECTS
Psychological Approaches And Theories	HEM568	2.Semester	2	0	0	6
Prerequisites	None					
Course Language	Turkish					
Course Type	Required					
Teaching Methods	Theoretical lectures, case presentations, question-answer					
Instructor(s)	Assistant professor Sibel Polat					
Course Objective	This course gives students information about basic approaches and theories in psychiatry.					
Course Learning Outcomes	Students who have successfully completed this course; To be able to define the basic concepts in psychiatry, to analyze the emergence of psychiatric diseases through basic theories in psychiatry, to understand the effects of these theories on the disease.					
References	1. Çam O, Engin E. (2014) Ruh Sağlığı ve Hastalıkları Hemşireliği Bakım Sanatı, İstanbul medikal yayıncılık, İstanbul 2. Öztürk OM., Uluşahin A. (2018). Ruh Sağlığı ve Bozuklukları, Nobel Tıp Kitabevi, Ankara 3. Yanbastı G.(1990). Kişilik Kuramları. Ege Üniversitesi Yayınları. 4. Taymur İ, Türkçapar, MH (2012). Kişilik: Tanımı, sınıflaması, ve Değerlendirmesi. Psikiyatride Güncel Yaklaşımlar. 5. Cimilli C. (1997). Kişilik ve Psikopatoloji Kuramı. Psikiyatri Temel Kitabı. Hekimler Yayın Birliği, Ankara 6.Yüksel N (2014). Ruhsal Hastalıklar. Akademisyen Tıp Kitabevi, Ankara.					

WEEKLY COURSE TOPICS

Weeks	DISCUSSION TOPICS TO BE PROCESSED
1.	Sigmund Freud and Psychosexual Development Theory
2.	Erik Erickson and Psychosocial Development Theory
3.	Ivan Pavlov and Classical Conditioning Theory
4.	Frederic Skinner and Operant Conditioning Theory
5.	Albert Bandura and Social Learning Theory
6.	Jean Piaget and Cognitive Development Theory
7.	Harry Sullivan and Interpersonal Relations Theory
8.	Midterm exam
9.	Maslow and Self-Realization Theory
10.	Carl Rogers and Self Theory
11.	Rollo May and Existentialism
12.	Kohlberg and Moral Development Theory
13.	Gestalt Approach
14.	Reflection of Psychiatric and Psychosocial Theories and Concepts to Psychiatric Nursing
15.	Final Exam

ECTS / WORK LOAD TABLE

Activities	Number	Duration	Total Work Load
Course	14	2	28
Laboratory			
Practice			
Field Study			
Outclass course work hours (Self working / Teamwork / Preliminary work)	14	4	56
Presentations (Video preparation / Poster preparation / Oral presentation / Focus group discussion / Applying questionnaire/ Observation and report writing)			
Seminars			
Project			
Case study			
Role playing, dramatization			
Preparing and criticizing article			
Semester midterm exams	2	20	40
Semester final exams	1	7	7
Total Work Load (hour) / 25(s)		131/25=5.24	
ECTS		5	

EVALUATION SYSTEM

Midterm Studies	Number	Contribution
Midterm exam	1	%25
Quiz		
Laboratory		
Practice		
Field Study		
Specific practical training (If exists)		
Homework assignment	1	%25
Presentation and seminar		
Projects		
Other evaluation methods		
Total of Midterm Studies		%50
Final Studies		
Final	1	%50
Homework assignment		
Practice		
Laboratory		
Total of Final Studies		
Contribution of midterm studies to course grade		%50
Contribution of final studies to course grade		%50
Total Grade		100

The relationship between learning outcomes and the program qualifications of the courses					
	Program Qualifications	Learning outcomes			
		L.O.1	L.O.2	L.O.3	L.O.4
1.	To be able to develop knowledge on the level of expertise.	5			4
2.	To be able to use theoretical and practical information at the level of expertise.	5	5		4
3.	To be able to create new information by integrating information came from another discipline.	5		5	
4.	To be able to solve problems that requires expertise by using scientific research methods.	5			5
5.	At the unforeseen complex situations encountered in applications, to be able to develop new strategic approach and to be able to produce a solution by taking responsibility.		5		4
6.	To be able to transfer current developments and their works to in the field and outside groups as written, verbal and visual in a systematic way.		4	4	4
7.	To be able to use advanced information and communication technologies with the required level of computer software in the field of expertise, and to be able to translate from English into Turkish.	5			4
8.	To be able to develop strategy, policy and implementation plans about the field of expertise and to be able to evaluate the results obtained within the framework of quality processes.	5	5		
9.	To be able to share social, scientific and ethical values by considering them at the stages of data collection, interpretation and announcement in the field of expertise.	4		5	

Contribution to the level of proficiency: 1. Lowest, 2. Low / Medium, 3. Average, 4. High, 5. Excellent