

## PHYSIOLOGY I

Course Name	Code	Term	Theory (hours/week)	Application (hours/week)	Laboratory (hours/week)	ECTS
Physiology I	FTR 113	1.year/ 1.term Fall	4	-	-	4
Prerequisites						
Course language	Turkish					
Course type	Compulsory					
Learning and teaching strategies	Theory, Discussion					
Instructor (s)						
Course objective(Aim of course)	To teach the students all medical physiology.					
Learning outcomes	The students will be able to explain the basic principles of physiology, mechanisms and control systems of the body.					
References	1. Vander İnsan Fizyolojisi 11. Edisyon, 2013 2. Yüksekokullar için Fizyoloji, Prof. Berrak Yeğen 2014 3. Guyton, Hall. "Tıbbi Fizyoloji" Nobel –Yüce 10. Edisyon 2001 4. Ganong. "Tıbbi Fizyoloji" Barış Kitabevi, 1999					

### Course outline weekly:

Weeks	Topics
1. Week	Introduction to Physiology, The characteristics of living organisms

	The definition and importance of homeostasis. The body's homeostatic regulatory mechanisms;
2. Week	Neural and hormonal regulatory mechanisms,  Introduction to cell physiology, Structure and functional properties of the cell membrane
3. Week	Cell membrane transport mechanisms  Body fluid compartments and content, Regulation of ion concentration in body fluids.
4. Week	Membrane potentials; Gibbs-Donnan equilibrium  Formation of action potentials, recording methods
5. Week	Locomotor system, Excitable tissues; muscle,  Physiological properties of skeletal muscle,
6. Week	Neuromuscular transmission mechanism  Mechanisms of contraction and relaxation, muscle energy changes
7. Week	Regulation of muscle tone, muscle fatigue, abnormal contraction patterns  Excitable tissues: peripheral nerve; Nerve fibers classification
8. Week	Synapses and synaptic transmission. Neurotransmitters and neuromodulators  Introduction to the nervous system, the overall structure and function of the nervous system:
9. Week	Reflexes, reflex activities Specifications  Pathways in the spinal cord, the sensory mechanisms
10. Week	States of consciousness, sleep  Learning, memory, language
11. Week	Afferent pathways, the sensory cortex  General and superficial senses
12. Week	Efferent pathways, the motor cortex  Cerebellum and Basal Ganglia
13. Week	Autonomic and somatic nervous system  Sense of sight
14. Week	Sense of hearing and balance  Senses of smell and taste
15. Week	FINAL EXAM

**ECTS (Student Work Load Table)**

Activities	Number	Duration	Total Work Load
Course Duration (X14 )	14	4	56
Laboratory			
Practice			
Field Study			
Study Time Of Outside Of Class (Pre-Study, Practice, Etc.)	14	1	14
Presentations (Video shoot/Poster preparation/Oral presentation, Etc.)			
Seminars			
Project			
Case study			
Role playing, Dramatization			
Writing articles, Critique			
Time To Prepare For Midterm Exam	1	14	14
Final Exam Preparation Time	1	16	16
<b>Total Work Load ( hour) / 25(s)</b>	100 / 25		
<b>ECTS</b>	4		

## Evaluation System

<b>Mid-Term Studies</b>	<b>Number</b>	<b>Contribution</b>
Midterm exams	1	%100
Quiz		
Laboratory		
Practice		
Field Study		
Course Internship (If There Is)		
Homework's		
Presentation and Seminar		
Project		
Other evaluation methods		
<b>Total Time To Activities For Midterm</b>		100
<b>Final works</b>		
Final	1	%100
Homework		
Practice		
Laboratory		
<b>Total Time To Activities For Midterm</b>		100
Contribution Of Midterm Studies On Grades		%50
Contribution Of Final Exam On Grades		%50
<b>Total</b>		100

**The relationship between learning outcomes and the program qualifications of the courses**

Program Qualifications	Learning outcomes
	L.O.1
1. Sufficient background in basic- clinical medical sciences and physical therapy and rehabilitation discipline; ability to use theoretical and practical skills and knowledge in these fields with analytical thinking	5
2. Ability to determine, define, formulate and solve the factors that affect health; ability to choose and apply evidence based techniques and new methods for this aim.	
3. Ability to choose and use modern equipments, techniques and modalities for physiotherapy and rehabilitation practices; effectively use the informatique technologies.	
4. Ability to design multidisciplinary research, keep records, collect appropriate data, analysis and interpret results.	
5. Ability to attain new knowledge, make literature reviews, use medical databases and sources of information devoted to medical- health sciences	
6. To work autonomously and effectively in health team and self confidence to take responsibility	
7. To internalize characteristically development, literate and lifelong learning; quality development, to contribute education and promotion programs in field, to internationalize their professional behavior.	

8. To have professional deontology and ethical awareness	
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**Contribution to the level of proficiency: 1. Lowest, 2. Low / Medium, 3. Average, 4. High, 5. Excellent**