

**BDB436 Community And Health**

| Name of the Course                             | Code  | Semester                   | Theory (hour/week) | Application (hour/week) | Laboratory (hour/week) | Ects |
|--|---|----------------------------|--------------------|-------------------------|------------------------|------|
| COMMUNITY AND HEALTH                           | BDB436  | 7th Semester / Autumn Term | 2                  | 0                       | 0                      | 3    |
| Prerequisites                                  | No  |                            |                    |                         |                        |      |
| Language of the course                         | Turkish   |                            |                    |                         |                        |      |
| Type of Course                                 | Elective  |                            |                    |                         |                        |      |
| Learning and teaching techniques of the course | Narration<br>Discussion   |                            |                    |                         |                        |      |
| The principal of the course                    | Lecturer. Se. Nezihe OTAY LÜLE  |                            |                    |                         |                        |      |
| The purpose of the course                      | Teaching the principles and methods of primary protection in health and disease concepts and health protection and examining the health event concerning the community.   |                            |                    |                         |                        |      |
| Learning outcomes of the course                | <ol style="list-style-type: none"> <li>1. Concepts of the importance of primary protection in health protection</li> <li>2. Examines health-related events in society</li> <li>3. Learns family planning methods</li> <li>4. Determines the health level of society by using criteria that determine the level of health</li> <li>5. Evaluates environment and occupational health under the umbrella of health management</li> </ol> |                            |                    |                         |                        |      |
| Resources                                      | <ol style="list-style-type: none"> <li>1. Public Health Basics 2012,</li> <li>2. Epidemiology</li> </ol>  |                            |                    |                         |                        |      |

**Weekly Course Topics**

| Weeks    | TOPICS TO DISCUSS  |
|----------|--|
| 1. Week  | Public Health Concept HAstalık and Health Personal Hygiene |
| 2. Week  | Demographics and Population Structure                      |
| 3. Week  | Health Care  |
| 4. Week  | Health Management  |
| 5. Week  | Criteria Determining Health Level I                        |
| 6. Week  | Criteria Determining Health Level II                       |
| 7. Week  | Research Methods I   |
| 8. Week  | <b>SEARCH EXAM</b>   |
| 9. Week  | Research MethodsI  |
| 10. Week | Environmental Health                                       |
| 11. Week | Occupational Health  |
| 12. Week | Family Planning  |
| 13. Week | Immunization   |
| 14. Week | Main Health  |
| 15. Week | Health Education   |

**Student Workload Table**

| Events  | Number | Time | Total Workload |
|---|--------|------|----------------|
| Course Time   | 14     | 2    | 28             |
| Laboratory  |        |      |                |
| Application   |        |      |                |
| Field Work  |        |      |                |
| Out-of-Class Study Time (Free work/Group Work/Preliminary Work)   | 14     | 3    | 42             |
| Presentation (Video Shoot/Poster Staging/Verbal Presentation/Focus Group Interview/Survey Application/Observation and Report Writing) |        |      |                |
| Seminar Preparation   |        |      |                |

|                                      |   |   |                |  |
|--------------------------------------|---|---|----------------|--|
| Project                              |   |   |                |  |
| Case Study                           |   |   |                |  |
| Playing Roles, Dramatizing           |   |   |                |  |
| Write-Critical                       |   |   |                |  |
| Mid-semester exams                   | 1 | 2 | 2              |  |
| End-of-semester exams                | 1 | 3 | 3              |  |
| <b>Total workload (hour) / 25(s)</b> |   |   | <b>75/25=3</b> |  |
| <b>Course ECTS</b>                   |   |   | <b>3</b>       |  |

### Evaluation System

| <b>Mid-term studies</b>                                       | <b>Number</b> | <b>Contribution</b> |
|---|---------------|---------------------|
| Midterm Exam  | 1             | %50                 |
| Short Exam  |               |                     |
| Laboratory  |               |                     |
| Application   |               |                     |
| Field Work  |               |                     |
| Course-Specific Application (If Applicable)                   |               |                     |
| Assignments   |               |                     |
| Presentation and Seminar                                      |               |                     |
| Projects  |               |                     |
| Other   |               |                     |
| <b>Sum of in-term studies</b>                                 |               | <b>%50</b>          |
| <b>End-of-semester studies</b>                                |               |                     |
| Final   | 1             | %50                 |
| Homework  |               |                     |
| Application   |               |                     |
| Laboratory  |               |                     |
| <b>Sum of end-of-semester studies</b>                         |               | <b>%50</b>          |
| Contribution of Mid-Semester Studies to Success Score         |               | %50                 |
| Contribution of the End-of-Semester Exam to The Success Score |               | %50                 |
| <b>Sum of the success score</b>                               |               | <b>100</b>          |

### Associating the learning outcomes of the courses with program qualifications

| <b>Program qualifications</b>   | <b>Learning of the Course</b> |              |              |              |              |
|---|-------------------------------|--------------|--------------|--------------|--------------|
|   | <b>Ö.ç.1</b>                  | <b>Ö.ç.2</b> | <b>Ö.ç.3</b> | <b>Ö.ç.4</b> | <b>Ö.ç.5</b> |
| 1. As a dietitian, the ability to obtain and use the basic and social sciences information required by his profession throughout his life. Research, practice, accuracy, reliability and validity of basic information and evidence-based current developments in nutrition and dietetics |                               |              |              |              |              |
| 2. To develop individual nutrition plan and program in accordance with adequate and balanced dietary rules  |                               |              |              |              |              |
| 3. To develop food and nutrition plans and policies for scientific ally ingenu'e's energy and nutrient needs, maintaining, improving and improving health care  |                               |              |              |              |              |

|   |   |   |   |   |   |
|---|---|---|---|---|---|
| 4. By using the current knowledge and skills acquired in the field of Nutrition and Dietetics, it can determine and evaluate the nutritional status of the individual, society and patient. Use the information obtained to improve the level of health and quality of life of the community  | 4 | 4 | 4 | 4 | 4 |
| 5. It can interpret the nutritional status of sick individuals based on their nutritional status and develop patient-specific medical nutritional treatments based on clinical findings   | 4 | 4 | 4 | 4 | 4 |
| 6. Understanding the core values and culture of the society in which he lives, adapting to them and changing himself in a positive way  |   |   |   |   |   |
| 7. Makes laboratory applications for factors affecting product development, nutrient analysis and quality, evaluates according to reviews and regulations   |   |   |   |   |   |
| 8. It has concepts for anatomy, physiology, functioning and maintaining biological systems that form the basis of human health  |   |   |   |   |   |
| 9. In the field of Nutrition and Dietetics, you can participate in individual and/or team studies to demonstrate their accuracy, express their thoughts and opinions in oral and written manner by offering justifications and evidence, and communicate effectively with all team objectives in accordance with ethical principles |   |   |   |   |   |
| 10. By using methods for determining the nutritional status of the society, it has the knowledge to develop food and nutrition plans and policies for the protection, improvement and development of health.  | 5 | 5 | 5 | 5 | 5 |

**Proficiency level:** 1: Low, 2: Low/Medium, 3: Medium, 4: High, 5: Perfect