

NUTRITION FOR SPECIAL GROUP

Course Title	Code	Semester	Theoretical (hours/week)	Practice (hours/week)	Laboratory (hours/week)	ECTS
NUTRITION IN SPECIFIC GROUPS	SBF106	3. semester Autumn	2	0	0	4
Prerequisites	None					
Language of Instruction	Turkish					
Course Type	Compulsory					
Learning and teaching techniques of the Course	Lecture, Question&Answer, Brain Storm Demonstration, Drill - Practise,					
Instructor(s)	Doç. Dr. Özlem Owayolu					
Goal	Teach is nutrition which are needs, risks and requirements differ for different groups					
Learning Outcomes	<ol style="list-style-type: none"> 1. To be able to understand the needs of special groups 2. To be able to understand the differences in the needs of special groups 3. To be able to prepare the nutrition program according to their needs and the needs of special groups and explain the principles 					
References	<ol style="list-style-type: none"> 1. Baysal, A (2011). Beslenme. Ankara: Hatipoğlu Yayıncılık. 2. Türkiye'ye Özgü Beslenme Rehberi. (2004). T.C. Sağlık Bakanlığı Temel Sağlık Hizmetleri Genel Müdürlüğü ve Hacettepe Üniversitesi Beslenme ve Diyetetik Bölümü, Ankara. 3. Sağlık bakanlığı yayınları 					

Course Outline Weekly:

WEEKS	TOPICS
1. Week	Foods and Nutrients, Adequate, Balanced and Healthy Nutrition, Malnutrition, Prevention of Malnutrition
2. Week	Anemia, Nutrition in Racism
3. Week	Nutrition in Pregnancy
4. Week	Nutrition in preschool and school Feeding Adolescent
5. Week	Nutrition in the elderly Effects of feeding on cancer
6. Week	Nutrition in cardiovascular diseases
7. Week	Nutrition in Gastrointestinal System Diseases
8. Week	MIDTERM EXAM
9. Week	Nutrition in urinary system infections Nutrition in end-stage renal failure
10. Week	Nutrition in Infection Diseases
11. Week	Nutrition during the puerperium
12. Week	Nutrition in Infants Breastfeeding
13. Week	Obesity, Weakness,
14. Week	Malnutrition
15. Week	Diabetes and Nutrition
16. Week	FINAL EXAM

ECTS (Student Work Load Table)

Activities	Number	Duration	Total Work Load
Course Duration (X14)	14	2	28
Laboratory			
Practice			
Field Study			
Study Time Of Outside Of Class (Pre-Study, Practice, Etc.)	14	3	42
Presentations (Video shoot/Poster preparation/Oral presentation, Etc.)			
Seminars	1	10	10
Project			
Case study			
Role playing, Dramatization			
Writing articles, Critique			
Time To Prepare For Midterm Exam	2	6	12
Final Exam Preparation Time	1	8	8
Total Work Load (hour) / 25(s)	100/25=4		
ECTS	4		

Evaluation System

Mid-Term Studies	Number	Contribution
Midterm exams	1	%50
Quiz		
Laboratory		
Practice		
Field Study		
Course Internship (If There Is)		
Homework's		
Presentation and Seminar		
Project		
Other evaluation methods		
Total Time To Activities For Midterm		%50
Final works		
Final	1	%50
Homework		
Practice		
Laboratory		
Total Time To Activities For Midterm		%50
Contribution Of Midterm Studies On Grades		%50
Contribution Of Final Exam On Grades		%50
Total		100

The relationship between learning outcomes and the program qualifications of the courses

Program Qualifications	Learning outcomes		
	L.O1	L.O2	L.O3
1. Competent and has the capabilities to fulfill their occupational duties.	5	5	5
2. Knows the theories and models that form the basis of Professional practice.	5	3	4
3. Has the general knowledge required to be both an individual and a member of the occupation.	4	4	4
4. Carries out nursing practice based on the principles and standards.			
5. Meets the health-care needs of the individuals, families and the society with a holistic approach.			
6. Makes use of effective communication.			
7. Utilizes information and care technologies in professional practice and research.			
8. Uses scientific principles and techniques in Nursing practice.			
9. Follows the latest advances and communicates with colleagues in a foreign language.			
10. Behaves according with the professional ethics and values.			
11. Takes the related legislation and regulations into account in Nursing practice.			
12. Follows the politics and regulations affecting the Nursing profession.			
13. Uses the learning-teaching and management processes in Nursing practice.			
14. Uses the life-long learning, problem-solving and critical thinking abilities.			
15. With a sense of social responsibility takes part in studies, projects and some other activities with other team members and other disciplines.			
16. Joins in activities that can contribute to professional development.			
17. Sets as a model for colleagues and the society with their professional identity.			
18. Protects the basic values and social rights.			
Contribution to the level of proficiency: 1. Lowest, 2. Low / Medium, 3. Average, 4. High, 5. Excellent			